



Voluntarily Speaking

STEIN HOSPICE

MAY - JUNE 2011

CONGRATULATIONS SPRING CLASS 2011



*Stein Hospice held two LifeCourse™
commissioning services in April,
Sandusky (left) and
The Ohio Veterans Home in Georgetown.
(below)
Congratulations and Welcome!*



Emmett Butcher Jr	Patricia Holly
Patti Cassidy	Kathy Hummel
Rick Cassidy	James Kleinhans
Darlene Deeble	Amy Lowery
& Dolly (Paws Up)	Patricia Luebcke
Russell Deeble	Kathy Preston
Diana Evans	Nina Reichley
Emily Feuchter	Dale Schnetzer
Mary Foland	Pete Shaw
Michelle Freeman	Staci Shaw
Jane Gleason	Stephany Skrbina
Barbara Hargreaves	Rance Smith
Dianne Harkin	Heidi Strong
Keith Hendrix	Tom Wells

(Left to right)
Wendy Klobe, Phyllis Turner,
JoAnn Hildebrandt, Bill Williams

Continuing Education for Georgetown Volunteer!

We will be offering Guided Imagery to our Georgetown volunteers. This class will be taught by Stein Hospice staff members on June 23 or June 24 in the Chapel at The Ohio Veterans Home, Georgetown. Time to be announced. If you are interested please contact Anne Fantozz at 1-800-625-5269 or afantozz@steinhospice.org.

To register for the following classes contact Anne Fantozz at
419-625-5269, afantozz@steinhospice.org

Feeding Program

Feeding patients has become a great need in all of our Stein Hospice facilities. Remember, there have been some changes to the requirements for feeding. The Ohio Department of Health said volunteers can be “trained” to feed and do not have to be “certified.”

Monday, May 16, 5 pm to 9 pm

Class size limited to 8, first call, first serve so don't wait! Call NOW!!

Guided Imagery

Gretchen Franklin, Director of Social Services Department, and Dori Dalton, LISW-S, Clinical Social Worker, will hold a class on Guided Imagery on **Thursday, May 19, from 1 pm - 4 pm**. Guided Imagery is a technique which uses the power of imagery as a potent healer. Imagery can relieve pain, speed healing and help the body subdue hundreds of ailments including depression, allergies and asthma.

Continuous Care Training

Continuous Care is a service Stein Hospice offers to patients for situations of symptom control or imminent death and is in great need of volunteer help. Continuous care means that a member of the Stein Hospice team is present with the patient (and often times, family) 24 hours per day, 7 days per week until the situation improves or death occurs. Shifts for these assignments are varied. You can offer hours as your schedule permits. Gidget Hartlaub, LPN, will offer insight into this very special care.

Tuesday, May 24, 5 pm to 6 pm

Care and Comfort

Stein Hospice team member, Jane Holmer, RN, will teach you how to transfer or assist with a transfer of a patient from bed to wheelchair, wheelchair to the bathroom, etc. She will also provide information on assisting with elimination, using a Hoyer lift and much more. There will be plenty of time for hands on training.

Monday, June 13, 5 pm to 9 pm

Class size limited to 8.

Care and Comfort

Anne Davis, LPN, LMI, will be offering a class on Comfort Touch. This is a modality used with an open hand and gentle pressure used successfully with Alzheimer's patients and agitated patients to instill calm. It is very effective and easy to learn.

Thursday, June 16, 5pm - 6:30 PM

All classes are held in the FRMC South Campus, 3rd floor, Conference Room.

Upcoming Fundraising Events – We need you!

Are you creative? Outgoing? Like to have fun? Are you a golfer or a sailor, runner or a hunter? Do you bake? Can you help keep score, sell tickets and more? Then we need your help. Contact Karen Toccaceli, 419-625-5269 or ktoccaceli@steinhospice.org.

Camp Good Grief:

Adult and youth volunteers (at least 16 years old)
to help with day camps at the following camps:

Tiffin: Monday, June 6 to Friday, June 10

Port Clinton: Monday, July 11 to Friday, July 15



22nd Annual Chick Schaffner Memorial Charity Golf Classic:
Monday, June 20, Catawba Island Club

Hospice Weekend July 1-2 Sandusky Sailing Club:

Rib Bar-B-Que Party, Friday night, July 1

Sailing Regatta and Regatta Run Saturday, July 2



7th Annual Clay Shoot:

Sunday, July 10, WR Hunt Club, Clyde



1st Annual Stein Hospice Spaghetti Dinner:

Sunday, Sept. 18,
American Legion Post 83, Sandusky



Walking with Intention



Stein Hospice has a portable labyrinth and invite you to experience this meditative practice.

Open labyrinth walks are held the second Monday of each month, 4 p.m. to 7 p.m. No need to register. Upcoming open walks: June 13 and July 11.

All events are held in the Community Room at Firelands South Campus.

JoAnn Didion, LISW, is a certified labyrinth facilitator. She has a portable labyrinth and can bring present a labyrinth program at your church, school or civic organization. For more information contact JoAnn Didion, 419-625-5269, jdidion@steinhospice.org.

SHOP AT  SUPPORT STEIN

If you are already enrolled in Kroger Community Rewards Program you must re-enroll each year to continue earning awards for Stein Hospice. Even if you signed up in February or March—you must sign up again in April to earn awards for the coming year, which runs from 05/01/2011 to 04/30/2012.

For those who are new to Stein Hospice and/or have not signed up yet here's how it works. By shopping at your local Kroger store and using your Kroger Plus card, a percentage of your purchase will be donated by the Kroger Company to Stein Hospice. The program is designed for employees, friends, and family members. There is **NO COST** to you and on-line enrollment is easy.

- If you already have a Kroger Plus Card and are enrolled, you still need to reenroll for the Community Rewards Program. Go to www.krogercommunityrewards.com click on "Create an Account" and follow the simple directions. To verify you have enrolled correctly, you will see your organization's name on the right side of the information page. It will take about 7 to 10 days to process. Once you are active, check the bottom of your sales receipt and you will see you have selected Stein Hospice.
- If you don't have a Kroger Plus Card, stop at the Customer Service Desk at any Kroger and sign up for one. You will have to make a purchase to activate your card and it will take 7 to 10 days to process. Then simply go on-line and enroll in the program.

Please help Stein Hospice earn funds by registering for the Kroger Program TODAY!



Reiki Classes

Reiki Level 2: Friday, June 17
or Saturday, June 18

Reiki Level 3: Friday, July 15
or Saturday, July 16

Reiki Level 1: Friday, August 19
or Saturday, August 20

8:30am-4pm, 1200 Sycamore Line

To register contact Rachel Berry, RN, BSN
419-357-8337, rberry@steinhospice.org



Needed: Volunteers for Veterans

If you are a Veteran or you are interested in working with Veterans, we need you!

We are assembling a Veteran Volunteer Task Force to help with the following:

- Compile military service information for Veteran patients;
- Deliver military blankets and certificates to Veteran patients;
- Conduct pinning ceremonies and recognize Veterans for their service;
- Help Veteran patients/families locate discharge papers to allow for military funeral;
- Assist Veterans in enrolling in the VA for benefits;
- Assist at Veteran-based expos/activities/fundraisers;
- Participate in the escort ceremony of deceased Veteran patients as they leave the unit;
- Visit Veteran patients;
- Recruit Veterans to become volunteers

If you are interested in joining the task force and having the privilege of working with the men and women who served this country, please call Julie Yeager, Director of Veteran and Volunteer Services, 419-625-5269, jyeager@steinhospice.org.

Activity Log Change!!!

Thank you so much for all the effort you have put into returning the activity logs. This is a very important piece of the puzzle for the function of the volunteer department. **Please re-member to print and sign your name on the forms!** This is another Medicare requirement and we want to make sure we stay in compliance. Your assistance with this little, but very important, detail is very much appreciated!

Important: *We have added a space to write the patient's county. Please fill the county in on the new forms when you receive them. If you have the old activity logs, please write the county under the patients name.*

Thank You!



GOLD HONOREES:
500 + HOURS

At April's volunteer recognition luncheon, Peggy Busby, left, was honored for her dedication to Stein Hospice. She and fellow volunteer, Mary Matthey, each volunteered more than 500 hours last year and earned the gold award.



VOLUNTEER FOCUS

**Close Up With
Peggy Busby**

Five years ago Peggy Busby knew nothing about hospice care. So when the doctor said Stein Hospice could help her ailing husband, Peggy trusted he was making the right decision. The doctor's decision turned out to be right for Peggy too.

Peggy is as surprised as anyone at the direction her life has taken. She figured after retiring from US Bank in Tiffin, she and her husband Kerry would spend time in their Willard home enjoying family and friends. Kerry's terminal cancer diagnosis changed that, and after his death in 2006 a grieving Peggy joined a Stein support group, followed by a second one.

"I didn't even know I was better until I went to the second class," Peggy said. As her grief eased, her interest in hospice grew. After completing LifeCourse™, she began visiting patients at their home. After a while, she decided she was ready to care for patients at the Care Center, where her husband had spent the last two weeks of his life.

But patient care is only half of her story. Peggy took additional training so she can assist the bereavement staff with support groups and one-on-one visits. She has completed all four units of the Sacred Art of Living and Dying and is now enrolled in the two-year Anamcara Apprenticeship program.

"I really love to work with bereavement. I feel drawn to it," she said.

She talks openly about her views about death and what she has learned since joining Stein. When Kerry was dying, he saw Peggy's deceased mother. At the time Peggy thought it strange, but not anymore. Now she is aware of Kerry's presence and often dreams about him.

"My husband died, but my love didn't die. I can still be in love with him even though he is on the other side," she said.

Peggy and Kerry, who went by the nickname "Buzz," were married almost 30 years. Together they have five children, 10 grandchildren and 1 great-grandchild, along with KC, their Shih Tzu.

Volunteer Luncheon

Stein volunteers were honored during Volunteer Appreciation Week. About 100 people attended the April 15 luncheon at the Sandusky Yacht Club, hosted by President/CEO Jan Bucholz, with entertainment by our singing chaplains Melvin Sayler and David Clarke.

SILVER HONOREES: 250 TO 499 HOURS

Left to right: Doris Quayle, Shirley Romoser, Nancy Hemchak, Nancy Stallkamp, Bill Fox

Not Pictured: Carol Kegarise, Finola FitzGibbon, Ernestine Andersen, Dick Mittendorf, Christine Norton, Cletus Snay, Stan Fischer & Tiki Fischer



BRONZE HONOREES: 100 TO 249 HOURS



Left to right: Gwen Addy, Debbie Gordon, Rosemary Watrous, Gene Heinzerling, Alyce Felske, Pat Pfaffle, Connie Kendrick, Mary Sorrell, Ginny Sisi, Carol Smith, David Fitzthum, Diane Hire, Marcia Miller, Clyde Lentz, Kay Loroff

Not pictured: Joyce Mueller, Denise Waaland, Linda Czekaj, Susie Miller, Sandy Hooper, Chris Taubken, Ellen Mittendorf, Terry Ross, Lee Wahlers, Carole Krzynowek, Carol Collins, Judy VanFleet, Martha Willis, Carol Ohm, Eli Fitzthum

Stein Hospice
1200 Sycamore Line
Sandusky, Ohio 44870
419-625-5269 or 1-800-625-5269
www.steinhospice.org

VOLUNTEERS MAKE THE DIFFERENCE

The Starfish

**An old man was walking down the beach just before dawn.
In the distance he saw a boy picking up stranded starfish
and throwing them back into the sea.**

As the old man approached the young man, he asked;

**"Why do you spend so much energy
doing what seems to be a waste of time?"**

**The young man explained that the stranded starfish
would die if left in the morning sun.**

**"But there must be thousands of beaches and
millions of starfish, exclaimed the old man.**

"How can your efforts make any difference?"

**The young man looked down at the small starfish in his hand
and as he threw it to safety in the sea, he said;**

"It makes a difference to this one!"

