

In Touch

April-June 2019

Brady West

is an 18-year-old recent Perkins High School graduate. He started as a camper in 2006 when he was 6 years old and had recently lost his grandpa.

We asked Brady what camp meant to him and he said: "Camp really helped me out in a time that I really needed help. I knew from the first day of camp that I wanted to give back. It was an amazing experience."

We asked Brady why he came back to camp as a volunteer once he turned 15 and he said: "It means a lot knowing I can help a child through a point in their life that was the lowest and darkest gloom for me, and help lead them to the light and a new way of thinking."



To register, please visit www.steinhospice.org or submit enclosed application and \$10.00 materials fee (scholarships are available) to Stein Hospice Attn: Kathy Failor, 1200 Sycamore Line, Sandusky, OH 44870. For more information, contact Kathy at kfailor@steinhospice.org or 419-625-5269.



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STEIN PHYSICIANS

James Preston, DO – Medical Director Reagan Bristol, DO Christina Canfield, MD Michael McHenry, MD Edward Radatz, DO Larry Robinson, DO Todd Williams, MD

SENIOR MANAGEMENT

Jan Bucholz, MBA, MSN, RN, CHC, Chief Executive Officer Tamara Zuilhof, Chief Operating Officer Barb Metcalf, BSN, Chief Compliance Officer Jane Bruck, Finance Director Allison Burroughs, SHRM-CP, PHR, Human Resources Director Samantha Bechtel, MSSA, LISW-S, ACHP-SW, GC-C, Chief Clinical Support Officer Beth Frank, MBA, BSN, CPHQ, Quality and Education Director Michael Marsh, RN, Director of Nursing

STEIN HOSPICE

Mission Statement: To provide comfort, compassion and support during life's final journey.

LOCATIONS

Administrative Office Sandusky 1200 Sycamore Line Sandusky, Ohio 44870 419-625-5269 1-800-625-5269

Norwalk

49C Benedict Ave. Norwalk, Ohio 44857 419-663-3222

Port Clinton

1848 E. Harbor Road Port Clinton, Ohio 43452 419-732-1787 Stein Hospice Care Center Firelands Regional Medical Center South Campus 1912 Hayes Ave., 3rd Floor Sandusky, Ohio 419-558-4164 1-866-230-7597

Tiffin

100 Madison St. Tiffin, Ohio 44883 419-447-0475

Stein South

100 Liming Farm Road Mount Orab, Ohio 45154 937-444-2766

EMAIL

Volunteer info: volunteers@steinhospice.org Donor/event info: development@steinhospice.org Referrals/questions: referralcenter@steinhospice.org All other inquiries: steinhospice@steinhospice.org

IN TOUCH IS PUBLISHED BY:

Stein Hospice 419-625-5269, 1-800-625-5269 FAX 419-625-5761







www.steinhospice.org

GO GREEN

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Cleaning for a Cause

Spring cleaning is not just a way to brighten your home, you can also add a glow to Stein Hospice by donating gently used items to our upscale resale shop.

Encore in downtown Sandusky depends on the generous donations of local residents. All proceeds from the shop support our mission of providing services for terminally ill patients and families, regardless of their ability to pay. Plus the items are reused and recycled, which supports a healthy environment.

The second floor of the shop now has a section set aside for furniture. Shoppers are always looking for gently used couches, chairs, tables, bedroom sets and lamps. We pick up furniture at no charge.

Also on the second floor are Christmas decorations and wedding and evening gowns, other popular items with shoppers. We also need jewelry donations, including fine and costume.

All donations are tax deductible.

Encore is located at 126 Columbus Ave., across the street from the Sandusky State Theatre. The shop is open Monday through Friday, 11 a.m. to 5 p.m. and Saturday, 11 a.m. to 2 p.m. To arrange for a pickup or for more information call the shop at 419-502-0019.

Encore shop volunteer opportunities available. Please contact the Volunteer Department at 419-625-5269 to learn more.

APRIL events

SPRINGTIME TRIVIA

Genoa Senior Center Date: Friday, April 5th

Location: 514 Main Street Genoa, OH

Time: 12:00pm-1:00pm



EASTER CELEBRATION

Elmore Senior Center

Date: Thursday, April 18th

Location: 19225 Witty Road Elmore, OH

Time: 12:00pm-1:00pm



RELAXATION TECHNIQUES/ SPEAKER GRETCHEN FRANKLIN

Gibsonburg Senior Center Date: Monday, April 29th

Location: 100 Meadow Lane Gibsonburg, OH

Time: 10:30am-11:30am



MEMORIES OF THE HEART



Fremont Senior Center

Date: Monday, April 1st

Location: 600 W. State Street Fremont, OH

Time: 10:30am-11:30am.

View Point Apartments

Date: Wednesday, April 3rd

Location: 215 E. Shoreline Drive Sandusky, OH

Time: 1:00pm-2:00pm

Willard Senior Center

Date: Wednesday, April 10th

Location: 315 E. Tiffin Street Willard, OH

Time: 11:30am-12:30pm

Harbor View Apartments

Date: Wednesday, April 24th

Location: 115 Franklin Street Sandusky, OH

Time: 2:00pm-3:00pm



Fundraising Events



Pyrate Run 5K
Put-in-Bay - June 23, 2019



Race in the Bay Harbor Bay Yacht Club - July 6, 2019







Chick Schaffner Memorial Golf Outing Catawba Island Club - June 24, 2019



Island Race Sandusky Sailing Club Registration: June 28, 2019 Race: June 29, 2019



Stein Hospice Charity Golf Classic Eagle Creek Golf Club - August 28, 2019

Memorial Services

Sandusky Memorial Service	5/ 5/19	2-4pm	Firelands Regional Medical Center South Campus – Community Room 1912 Hayes Ave, on Ground Floor, Sandusky, OH 44870
Port Clinton Memorial Service	5/ 19/19	2-4pm	Magruder Hospital, 615 Fulton St., Port Clinton, OH 43452
Norwalk Memorial Service	5/ 26/19	2-4pm	Huron County Chamber of Commerce – Community Room 10 W. Main St., Norwalk, OH 44857

Camp Good Grief continued from cover...

Febr. Flos

Kalynn Welch

My first experience of loss in my life was when I lost my best friend, my dog Maddie. I was 8 years old and I had a ton of feelings running through me. I wasn't understanding why after months after losing her, I was still crying and having periods of sadness. My aunt recommended that I attend Camp Good Grief. While at Camp Good Grief I was able to meet other kids younger and older than me that were feeling the same way, some of who had way bigger losses than I did. I was able to learn the stages of grief, that it is okay to cry and feel the different feelings that I was feeling. I was also able to interact with those other kids who were feeling the same way.

While I liked attending Camp Good Grief as a camper, I now have a different purpose, being a volunteer. I have been a volunteer for the last three years. I enjoy the chance to earn campers trust with their worries and how they are feeling. I cherish the relationships that I develop with the campers, whether they are in my group or they are in a different group. There is a special bond that volunteers and campers have.



Campers at Osborn Park participate in music therapy to learn and explore different outlets for coping with their grief.



Campers learn how participating in physical activities provides them with different options for expressing and coping with their grief.



Stein Hospice Grief Counselor Steve Boros watches campers work on their grief workbooks after a guided imagery session at camp.



Campers at the Port Clinton Camp Good Grief participate in a balloon release ceremony with their loved ones on the last day of camp.



Yoga instructor Sharon Lichtcsien helps campers at the Norwalk Camp learn how to relax and de-stress with yoga.

MAY events



MEMORIES OF THE HEART

View Point Apartments

Date: Wednesday, May 1st

Location: 215 E. Shoreline Drive Sandusky, OH

Time: 1:00pm-2:00pm

Fremont Senior Center

Date: Monday, May 6th

Location: 600 W. State Street Fremont, OH

Time: 10:30am-11:30am

Willard Senior Center

Date: Wednesday, May 8th

Location: 315 E. Tiffin Street Willard, OH

Time: 11:30am-12:30pm

Harbor View Apartments

Date: Wednesday, May 22nd

Location: 115 Franklin Street Sandusky, OH

Time: 2:00pm-3:00pm

GIFTS FROM THE GARDEN

Elmore Senior Center

Date: Tuesday, May 14th

Location: 19225 Witty Road Elmore, OH

Time: 12:00pm-1:00pm

Danbury Senior Center

Date: Tuesday, May 14th

Location: 8470 E. Harbor Road Marblehead, OH

Time: 5:00pm-6:00pm

Erie County Senior Center

Date: Wednesday, May 15th

Location: 620 E. Water Street Sandusky, OH

Time: 12:00pm-1:00pm

Genoa Senior Center

Date: Wednesday, 22nd

Location: 514 Main Street Genoa, OH

Time: 12:00pm-1:00pm



VETERAN TO VETERAN LIFECOURSE

Firelands South Campus - 3rd Floor

Date: May 20th - 23rd

Location: 1912 Hayes Ave., Sandusky, OH

Time: 4:00PM - 7:30PM

JUNE events

CELEBRATE SUMMER



Elmore Senior Center Date: Tuesday, June 11th

Location: 19225 Witty Road Elmore, OH

Time: 12:00pm-1:00pm.

Danbury Senior Center Date: Tuesday, June 11th

Location: 8470 E. Harbor Road Marblehead, OH

Time: 5:00pm-6:00pm



Erie County Senior Center Date: Friday, June 21st

Location: 620 E. Water Street Sandusky, OH

Time: 12:00pm-1:00pm

Gibsonburg Senior Center Date: Monday, June 24th

Location: 100 Meadow Lane Gibsonburg, OH

Time: 10:30am-11:30am

FLAG DAY

Genoa Senior Center Date: Friday, June 14th

Location: 514 Main Street Genoa, OH

Time: 12:00pm-1:00pm



ADVANCE DIRECTIVES/ SPEAKER RACHEL BERRY

Willard Senior Center

Date: Wednesday, June 12th

Location: 315 E. Tiffin Street Willard, OH

Time: 11:30am-12:30pm

RELAXATION TECHNIQUES/ SPEAKER GRETCHEN FRANKLIN

Put-N-Bay Senior Center Date: Wednesday, June 19th

Location: 195 Concord Avenue Put-N-Bay, OH

Time: 10:00am-11:00am

EHOVE EVENT WITH SERVING OUR SENIORS COMPLIMENTARY LUNCH

EHOVE Career Center

Date: Wednesday, June 26th

Location: 316 West Mason Road Milan, OH

Time:11:00-2:00pm





Sandusky Office 1200 Sycamore Line Sandusky, Ohio 44870

ph. 419-625-5269 fax 419-625-5761

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SUPPORT GROUPS

All groups are free and available to anyone in the community whether or not they have had previous involvement with Stein Hospice. For more information contact Kathy Failor, Bereavement Care Liaison 800-625-5269 or kfailor@steinhospice.org

SERENITY SEEKERS:

Sandusky

5/22 – 6/26 Wednesdays 5:30pm – 7pm Stein Hospice 1200 Sycamore Line Sandusky, OH 44870

HEALING HEARTS

Norwalk

(Pay for your own meal) 4/3, 5/1, 6/5 East of Chicago Pizza, 56 Stower Lane Norwalk, OH 44857 12pm – 1pm

*Call Kathy Failor, Bereavement Care Liaison for reservation – 419-625-5269

Port Clinton

(Pay for your own meal) 4/10, 5/8, 6/12 Cleats Restaurant 6801 E. Harbor Rd Marblehead, OH 43440 12pm-1pm *Call Kathy Failor, Bereaveme.

*Call Kathy Failor, Bereavement Care Liaison for reservation – 419-625-5269

BUNCH FOR LUNCH

(Please bring covered dish)
4/1, 5/6, 6/3
Stein Hospice
1200 Sycamore Line
Sandusky, OH 44870
12pm – 1pm

HUGGERS AND MUNCHERS

(Pay for your own meal)
4/9 - Longhorn Steakhouse
Rte. 250, Sandusky
5/14 - Baci Club at Comfort Inn
Rte. 250, Sandusky
6/11 - Applebee's
Rte. 250, Sandusky
5pm - 7pm
**Call Kathy Failor, Bereavement

5pm – 7pm *Call Kathy Failor, Bereavement Care Liaison for reservation – 419-625-5269

YACHT CLUB LUNCH BUFFET

(Pay for your own meal) 4/17, 5/15, 6/19 Sandusky Yacht Club 529 E. Water St. Sandusky, OH 44870 12pm – 1pm *Call Kathy Failor, Bereaveme

*Call Kathy Failor, Bereavement Care Liaison for reservation – 419-625-5269