



## Stein Hospice Recognized for Excellence

Stein Hospice has been named a 2013 Hospice Honors recipient, a prestigious award recognizing hospice agencies providing the best patient care as rated by the patient's caregiver.

Established by Deyta, this prestigious annual honor recognizes the top 100 agencies that continuously provide the highest level of satisfaction through their care as measured from the caregiver's point of view. Deyta used the Family Evaluation of Hospice Care (FEHC) survey results from over 1,200 partnering hospice agencies contained in its national, FEHC database with an evaluation period of January through December 2012. Deyta used the five key drivers of caregiver satisfaction as the basis of the Hospice Honors calculations.

"Hospice Honors defines a new standard of excellence in the patient/family experience for hospice agencies," says Liz Silva, VP of Deyta. "Identifying these top-performing hospices is our way of recognizing organizations that have demonstrated high quality of care to both patients and caregivers. That positive family experience is a key driver of ongoing patient-focused care and overall agency success."

Stein Hospice CEO Jan Bucholz says the award is a testament to her excellent staff. "This is an amazing award and reflects the incredible care each member of the Stein Hospice team provides to our patients and families every day," she says.

## Stein's a Good Sport

Bob Langenfelder is passionate about bike riding, and last year he also became passionate about Stein Hospice. His mother Donna was a patient, and among other things, Stein helped Donna achieve her final wish of dying at home.

Now Bob is bringing those two passions together. The First Annual Stein Hospice Memorial Ride will be held Sunday, June 9 at EHOVE Career Center, where Bob

is employed as a general maintenance supervisor. Cyclists will have the choice of 3 routes - 12, 25 or 45 miles - followed by lunch.

Bike riding is a new fundraiser for Stein, but not 5K runs. This year, along with the annual race in downtown Sandusky, Stein is sponsoring a 5K at Put-In-Bay as part of the island's annual Pyrate Fest.

*Sport, continued on page 4*

## Free Screenings of "Honor Flight" in Lorain

Stein Hospice is sponsoring two more screenings of the award-winning documentary "Honor Flight," this time in Lorain on Tuesday, May 28. The Lorain Palace Theater is hosting this event. In April, Stein Hospice showed three screenings of the movie at the Ohio Veterans Home in Sandusky, bringing smiles, cheers and tears to nearly 500 people, many of them Veterans.

Jim Klein brought a scrapbook with photographs of his deceased uncle, Louis Klein. Jim said watching the movie was an emotional experience. Gloria Simon, Port Clinton resident and Vietnam Veteran, agreed. "I couldn't figure out why all the boxes of Kleenex were on the table. Now I know," she said.

**Lorain Palace Theater**  
617 Broadway Ave.  
Lorain

**Tuesday, May 28**  
**10 a.m. and 6 p.m.**

Admission Free, but Reservations Required  
Call 800-625-5269 or visit [www.steinhospice.org](http://www.steinhospice.org)  
School groups welcome

For more information, contact Cara Turner, Stein Hospice Community Relations Coordinator, [cturner@steinhospice.org](mailto:cturner@steinhospice.org), or 800-625-5269.



## MEDICAL DIRECTORS

James Preston, DO  
Andrew Ache, MD  
Reagan Bristol, DO  
Christina Canfield, MD  
Dennis Furlong, DO  
Todd Keller, MD

Michael McHenry, MD  
Charyse McMillion, DO  
Edward Radatz, DO  
Larry Robinson, DO  
Sara Snyder, DO  
Todd Williams, MD

## MANAGEMENT

Jan Bucholz, MBA, MSN, RN, CHC, *Chief Executive Officer*  
Tamara Zuilhof, *Chief Operating Officer*  
Barb Metcalf, RN, CHPN, *Chief Compliance Officer*  
Jane Bruck, *Finance Director*  
Allison Burroughs, PHR, *Human Resources Director*  
Gretchen Franklin, LISW-S, *Social Services Director*  
Samantha Bechtel, LISW-S, CTS, GC-C, *Director of Clinical Operations*  
John Gerber, RN, BS, *Director of Nursing*  
Beth Frank, *Quality and Education Director*  
Franklin Swinehart, LNHA, *Inpatient Services Director*  
Julie Yeager, *Veteran Services Director*  
Susan Figula, RN, CHPN, *Market Development Director*  
Denice Day, LNHA, *Physician Services Director*  
Rev. M. Webster Maughan, *Staff Development Director*  
Ann Davis, LPN, LMT, *Comfort Care Director*

## STEIN HOSPICE

**Mission Statement:** To provide comfort, compassion and support during life's final journey.

## LOCATIONS

**Administrative Office**  
Sandusky  
1200 Sycamore Line  
Sandusky, Ohio 44870  
419-625-5269  
1-800-625-5269

**Stein Hospice Care Center**  
Firelands Regional Medical  
Center South Campus  
1912 Hayes Ave., 3rd Floor  
Sandusky, Ohio  
419-558-4164  
1-866-230-7597

**Norwalk**  
257 Benedict Ave., Suite B  
Norwalk, Ohio 44857  
419-663-3222

**Tiffin**  
100 Madison St.  
Tiffin, Ohio 44883  
419-447-0475

**Port Clinton**  
1848 E. Harbor Road  
Port Clinton, Ohio 43452  
419-732-1787

**Lorain**  
4000 Oberlin Ave., Suite 4  
Lorain, Ohio 44053  
440-282-3939 *(New Number)*

**Ohio Veterans Home**  
3416 Columbus Ave.  
Sandusky, OH 44870  
419-625-2454 ext. 1373

**Ohio Veterans Home**  
2003 Veterans Blvd.  
Georgetown, OH 45121  
937-378-2900 ext. 2760

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## GO GREEN

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Jan Bucholz,  
Chief Executive Officer

## Message from Chief Executive Officer

Most Americans have heard of the Affordable Care Act (ACA). This legislation was signed into law and will bring forth changes that will be implemented over the 6 year period of 2010 to 2015. The broad elements focus on four areas:

1. Provisions for consumer protection
2. Improving quality and lowering costs
3. Increasing access to affordable care
4. Holding insurance companies accountable

There have been some provisions that are not yet defined but broadly, the ACA already has affected most of the health care industry. There has been passionate dialog both for and against the Affordable Care Act as well as whether the changes proposed can be implemented. Regardless of this, one thing is certain: health care delivery will change.

Stein Hospice has never been an organization that has wrung its hands and complained about cost cuts. We have been an organization that has concentrated on what is needed by our patients and families and focused on how to meet those needs. There already exists some alignment of Stein Hospice's strategic plan with what is predicted to come.

The alignment is apparent in three key areas. First, it is more important than ever to keep quality of care as the top priority. It is a compelling idea that an organization may be paid based on the satisfaction of those served. Stein Hospice's quality has been benchmarked by the Family Satisfaction Survey against national benchmarks using five broad domains of care. Stein's satisfaction is consistently above the national benchmark in all five areas reviewed. Of the five, Stein is a national leader (top 10%) in three areas.

Second, Stein Hospice's next priority is to be an outstanding partner to other health care providers such as hospitals and nursing facilities to coordinate care and assure that the patient experience is the best possible.

Third, we must create new models of working for the welfare of the people we serve. This creative process is going to require us to push past boundaries that have resulted in barriers to care coordination and delivery. This is going to require Stein to examine everything we do, who we do this with and how to make it better. The focus is on the patient and family. We will be asking for feedback and suggestions in the coming months as we take a hard look at our services and how to anticipate the needs that will be coming.

In all ways, Stein Hospice is a part of the communities we serve. We thank you for the trust and support you have shown to this organization. We commit to you that we will never stop working to meet the needs of each member of this community.

With love and respect,

# We Salute Our Veterans

Robert Whitney, World War II Army Veteran and hospice patient at the Ohio Veterans Home in Georgetown, was presented with the French Legion of Honor Medal on March 7 by Thomas Moe, director of the Ohio Department of Veterans Services. Robert died three weeks later, at the age of 89. Drew Vogel, administrator of Georgetown's OVH, wrote about Robert in an article published in the Georgetown News Democrat before the ceremony. Following are excerpts:



Ribbons and medals are a part of the military framework. Soldiers are recognized for bravery and valor. There are also medals for just being there, i.e., campaign ribbons. The Armed Services even have a medal for soldiers who simply do what they are told – the Good Conduct Medal.

The most recognized award, of course, is the Congressional Medal of Honor. But, the oldest and most awarded of all the medals for valor in combat is the Purple Heart. Nearly two million Purple Hearts have been awarded – over half of them during WW II.

One of the requirements for admission to the Ohio Veterans Home – Georgetown is to have served during a time of war. Consequently, many of the residents, past and present, have received a Purple Heart, some more than one.

But there are none more proud of his Purple Heart than Bob Whitney. Mr. Whitney wears his Purple Heart nearly every day.

Mr. Whitney joined the Army from his home in Elizabethtown, in southwestern Ohio, in 1943, and was assigned to the 2nd Armor Division as an infantryman supporting the tanks.

"We went in nine days after D-Day," he said. "Then we never stopped for more than a day until we got to Belgium."

There were some close calls along the way. One day in France, Mr. Whitney and eight of the soldiers in his company got caught in an artillery barrage. Only three survived.

Three months later, the 2nd Armor Division remained in support of the 82nd Airborne Division. They were in an open field somewhere in Germany. "I was walking on one side of a tank," he said, "and my buddy was on the other side."

A German artillery shell landed right next to him. "I got hit in the nose and leg," he explained, "and had assorted pieces of shrapnel throughout my body."

Mr. Whitney was taken to a field hospital, then to a make-shift airfield and evacuated to a military hospital in England, where he was awarded the Purple Heart. "A doctor came down the row of beds," he chuckled, "and threw a piece of paper on my bed that said I had received a Purple Heart."

So much for pomp and circumstance!

Even though there was scant ceremony for his Purple Heart, there will be a ceremony for another award later this month, when Mr. Whitney will receive the French Legion of Honor – recognition from the French people of the soldiers who liberated their country in 1944.

## Staff Spotlight



### DR. MICHAEL MCHENRY, LEFT & DR. TODD WILLIAMS

Stein Hospice opened a hospice unit at the Ohio Veterans Home in Georgetown in early 2011 and needed a couple of respected physicians to serve as medical directors. Thankfully, Stein did not have to look far.

OVH co-medical directors Todd Williams and Michael McHenry welcomed the invitation to care for Stein Hospice patients. Both doctors also have family practices at Mercy Medical Associates in Georgetown. Another Mercy associate, Dr. Andrew Ache, serves in a supportive role to the two doctors.

Dr. Williams said patients and families are often surprised by the depth and variety of services that Stein Hospice offers. "Stein exceeds their expectations," he said.

Like other hospice doctors, both men spend a lot of time alleviating fears and correcting misconceptions about hospice care. "You have to do a lot of education on the front end," Dr. McHenry said.

For instance, some patients and families worry that they will have to drop their family physician and will have little say in their care. "They should never have that fear, that they will lose control or have to leave their doctor," Dr. McHenry said.

Most of the patients at OVH are World War II Veterans, but in the coming years more Vietnam era Veterans from the baby boomer generation will be patients, and that will probably bring big changes to the hospice field.

"I think hospice will become more widely used and baby boomer patients will be more involved in their health care," Dr. McHenry said.

Caring for people at the end of their life has given Dr. Williams many special opportunities to closely bond with families. "When I read their obituary I almost expect to see my name listed among the survivors," he said.

Both men are graduates of The Ohio State University College of Medicine, married and live in Georgetown. They also both have a side business. Dr. Williams is the owner/operator of Williams Landscapes, a company that specializes in unusual plants, and Dr. McHenry is the owner/operator of an orchard and apiary called Lazy Dog Farm.

# Our Wish List

## Encore Volunteers

We need men and women to help sort, price, checkout and accept donations at Encore, our upscale, resale shop in downtown Sandusky. The shop is open 11 a.m. to 5 p.m., Monday through Friday, and 11 a.m. to 2 p.m. Saturday. If you are interested in joining our volunteer team contact Angie Esposito, [aesposito@steinhospice.org](mailto:aesposito@steinhospice.org), or 800-625-5269.

## Auction Items

John Hendricks, a resident at the Ohio Veterans Home in Sandusky, is not an afghan man or an OSU fan, but he liked the red Buckeye blanket on sale at OVH and figured Stein Hospice could use it. He was right.

John's donation will help support Stein Hospice auctions and raffles, which are held at golf outings, dinners and other events throughout the year. Sporting memorabilia from OSU, Cleveland Indians and Browns fetch a high dollar, along with game tickets.

Other items that help raise money for Stein are: condominium and vacation rentals on Lake Erie, Florida, Myrtle Beach and in other vacation locations; watches and fine jewelry; gift cards and framed artwork.

Your gift is tax deductible and the money raised helps deliver much needed services to terminally ill patients and their families. If you have an item, or just an idea, contact Amy Skolnik, Events Coordinator, [askolnik@steinhospice.org](mailto:askolnik@steinhospice.org), 1-800-625-5269. She can discuss options and the best event and fundraising method to showcase your gift.

# A Special Shopping Spree

A special "girls' night out" was held at Plato's Closet in March, and when it was over nearly 20 girls had smiles on their face and free clothes in their shopping bags.

The idea behind "Shop and Style" was simple. Kula Lynch is one of the owners of Plato's Closet, a gently used, brand name clothing store for young women and men in Perkins Township. Kula knew of a teenage girl whose mother had died, and wanted to reach out to similar girls. She contacted Stein Hospice.

Christa Bronner, a grief counselor at Stein Hospice who works with children, suggested a mini-shopping spree, and the two women were off.

Christa contacted the schools and hand-delivered invitations for the March event to pre-teen and teenage girls whose mother had died.

Plato's and Advanced Neurological Associates each donated \$500, which meant that each girl had about \$70 to spend on clothes and accessories. Kula closed Plato's to the public so the girls could have the shop to themselves, and brought in a couple stylists to help the girls pick out clothes. Music and refreshments added to the festivities.

"There was a feeling of warmth in the room. I could tell the girls were able to quickly bond based on their common experiences. They shared a definite connection," Christa said.



## Sport, continued from cover

Bob is making the bike ride event a family affair. Bob, along with his wife Laura and daughter Brittany, will be cycling, while his father Bob and son Josh grill hot dogs and prepare lunch. Sisters Chris, Debbie and Connie and brother Duane are also helping out, and his brother-in-law's business, Southern Title, is one of the event sponsors.

### Here are the details for the three events:

- **The June 9 Bike Ride** at EHOVE Career Center is \$25, \$30 day of the ride. Register by May 31 to be guaranteed a T-Shirt. The 45-mile ride begins at 8 a.m., the 25- and 12-mile rides at 9 a.m. All cyclists must wear a helmet and have a signed waiver. Consider riding in memory of a cherished loved one who is no longer living.

- **The Memorial 5K Run** at the Sandusky Bay Pavilion is Saturday, June 29. Cost is \$15, \$20 day of the race, which begins at 8:30 a.m. Register by June 21 to be guaranteed a T-shirt. Consider forming a team of at least 5 runners and vying for the Coach Chris Smith Team Trophy.

- **The Pyrate Run 5K** will be held at DeRivera Park, Put-In-Bay, on Monday, July 1. Cost is \$20, \$25 day of the race, which begins at 9:30 a.m. Register for both 5Ks by June 21 and pay only \$30. Register by June 21 to be guaranteed a T-shirt. Discount fare on Miller Boat Line for runners.

To register online for any of the three events, visit [www.steinhospice.org](http://www.steinhospice.org) or call 800-625-5269.

## Tears and Smiles at "Honor Flight"

Veterans and their family, friends and supporters filled the Great Room at the Ohio Veterans Home in Sandusky on April 18 to watch the award-winning documentary movie, "Honor Flight." About 50 Perkins High School students attended and stayed after the movie to talk to World War II Veterans like Joe Artino, pictured here.



## Health Fair in Brown County

Stein Hospice staff in Brown County greeted dozens of people at the Southwest Regional Medical Center health fair in April with smiles and popcorn. They pinned several Veterans and thanked them for their service.



## Remembering Comrades

Residents at the Ohio Veterans Home in Sandusky honored their fallen comrades by inscribing rocks during an annual memorial service. The rocks will be displayed inside OVH for a year, then be moved outside and placed around the flag pole.



## We Appreciate our Volunteers

At the Annual Volunteer Appreciation Luncheon in April about 80 volunteers were honored for donating more than 100 hours of service to Stein Hospice in 2012. Three people received special recognition for topping the 500-hour mark:

**Emmett Butcher**, left, volunteered 675 hours last year, an average of 13 hours per week. Emmett is a retired roofer and Vietnam Veteran. He is married and lives in Huron.

**Peggy Busby** joined a support group at Stein after her husband died in 2006. As her grief eased, her interest in volunteering grew. Last year she donated 565 hours. She lives in Williard.

For several years **Dick Mittendorf** and his wife **Ellen** had a weekly date volunteering at the Care Center. After Ellen's death early last year, Dick continued to make weekly visits, tallying a total of 514 hours. Dick is an Army Veteran and lives in Berlin Heights.

# A new face in the Volunteer Department

Pam Meek wanted to become a Stein Hospice volunteer because the agency had given such wonderful care to her parents and helped her work through her grief. But after completing LifeCourse™ she learned of a staff opening in the volunteer department, and was hired as the facilitator for Huron and Lorain counties.



Though new to Stein, her Huron County roots are deep. A native and resident of Norwalk, Pam's family owned and operated Meek's Pastry Shop on Linwood Avenue for years. Pam worked at Norwalk Furniture in customer service for 25 years.

"It was Stein Hospice that helped me turn the corner after my parents' death," she said. "It is my goal to help make a positive impact on our patients and their loved ones just like previous team members did for me and my family."



## Camera buffs needed

Stein Hospice staff members are out in the community singing, attending children's events, senior health fairs and the like, and we need photographers to help capture those special moments. We are compiling a list of volunteers who could attend an event, take a few photographs and email them to us for use in our newsletter, Facebook page and other marketing venues. Interested? Contact Gail Shatzer, 800-625-5269, gshatzer@steinhospice.org.

## Continuing Education

To register contact Laurie Allison, 800-625-5269, lallison@steinhospice.org. All classes held in the third floor conference room at Firelands Regional Medical Center, South Campus.

### Continuous Care

Thursday, June 13  
5:30 p.m. to 6:30 p.m.

# Volunteer Focus



Gwen Bihun

For more than a decade Gwen Bihun has been a volunteer at Stein Hospice. She has visited patients at the Care Center and relieved family members who are caring for a loved one at home. An avid golfer, Gwen enjoys helping with Stein's annual golf outings.

Now, Gwen is working on ways to bring her love of tai chi to Stein Hospice staff, volunteers and friends.

Tai Chi Chih means "knowledge of the Supreme Ultimate" or "Joy through Movement." In 1974 Justin Stone introduced tai chi in the United States. The Chinese martial art is a gentle, total body movement known for its many health benefits. It awakens the natural energy in one's body.

"Tai chi can help improve the quality of life with flexibility and range of motion. It helps reduce stress and depression, is good for cardio vascular, breathing, concentration, coordination and balance and helps lower blood pressure," said Gwen, who has been practicing tai chi for about 20 years.

People with muscular dystrophy, Alzheimer's, Parkinson's, arthritis and cancer also benefit. The exercise is good for all ages and can be done while a participant stands or sits.

With Stein staff and volunteers in mind, Gwen decided to offer a free class on the South Campus of Firelands Regional Medical Center. Classes are held twice a week and are popular with the general public too. Jack Hubbard also volunteers in teaching the class.

"It really helps your balance," said Jan Ross, who attends both classes. Phil Huculak said he can now walk up steps and is no longer bothered by achy hands. And the benefits are more than physical. "You go home with a good attitude," Bonnie Wuertz said. Added Barb Gish, "It helps me cope with life."

Gwen believes the practice is especially valuable to Stein employees dealing with the emotional and physical demands of the job. Gwen said she is determined to do all she can to give back to an organization she cherishes. "I am really impressed with Stein's ingenuity and outreach to the community," she said.

*Tai chi class is held every Monday and Friday, 8:30 a.m. to 9:30 a.m., in the Community Room, located on the first floor of South Campus, 1912 Hayes. The class is free and open to all.*

# Calendar of Events

## May

### Open Labyrinth Walk

**Monday, May 13**  
4 p.m. to 7 p.m.

Community Room, Firelands Regional Medical Center, South Campus, Sandusky

### "Honor Flight" Movie

**Tuesday, May 28**

10 a.m. and 6 p.m.

Lorain Palace Theatre  
617 Broadway, Lorain  
Free Admission, Reservations required.  
Call 800-625-5269 or visit [www.steinhospice.org](http://www.steinhospice.org)

## June

### 14th Annual Perch Derby

**Monday, June 3**

Caddy Shack, Kelleys Island  
Perch dinner 5:30 p.m.

### 1st Annual Memorial Bike Ride

**Sunday, June 9**

EHOVE Career Center  
See page 4 for details

### Open Labyrinth Walk

**Monday, June 10**

4 p.m. to 7 p.m.

Community Room, Firelands Regional Medical Center, South Campus, Sandusky



### 2nd Annual Veteran Health & Information Fair

**Friday, June 14**

10 a.m. to 2 p.m.

Ohio Veterans Home, Sandusky  
Free health screenings, Wags 4 Warriors and many other vendors, information for all Veterans (bring DD214 or Military Card), door prizes and more.

### Reiki I

**Friday, June 14 or Saturday, June 15**

8:30 a.m. to 4 p.m.

1200 Sycamore Line, Sandusky  
Cost \$75. Contact Rachel Berry, [rberry@steinhospice.org](mailto:rberry@steinhospice.org), 419-625-5269.

### Annual Trap & Skeet Shoot

**Sunday, June 23**

Erie County Conservation League



### 24th Annual "Chick" Schaffner Memorial Charity Golf Classic

**Monday, June 24**

8 a.m. and 1 p.m. shotgun starts

Catawba Island Club  
\$150 per golfer

### Wok before the Run

**Friday, June 28**

6 p.m. to 8 p.m.

Shoreline Drive, by Schade-Mylander Plaza, Sandusky

### Memorial 5K Run

**Saturday, June 29**

Sandusky Bay Pavilion  
See page 4 for details



### Stein Hospice Cup/Islands Race Sailing Regatta

**Saturday, June 29**

10 a.m.

Sandusky Sailing Club

### Pyrate 5K Run

**Monday, July 1**

Boathouse, Put-in-Bay  
See page 4 for details

## Coming Up



### Camp Good Grief

This summer Stein Hospice is offering day camp in five locations for children, ages 5 to 13, who have suffered a loss of any type. The camp runs from 10 a.m. to 2 p.m. Cost is \$10. To register, call Hope Seavers, Bereavement Care Liaison, 800-625-5269 or [hseavers@steinhospice.org](mailto:hseavers@steinhospice.org).

June 10-14: Hedges-Boyer Park, Tiffin

June 24-28: Osborn Park, Huron

July 8-12: Lakeview Park, Port Clinton

July 22-26: West Park, Elyria

Aug. 5-9: Veterans Memorial Lake Park, Norwalk

## Georgetown Support Groups

Stein Hospice is offering three support groups at the Ohio Veterans Home in Georgetown. The groups are free and open to anyone in the community whether or not they have had previous involvement with Stein.

- **Serenity Seekers** is for men and women grieving the loss of an adult loved one. It meets for six consecutive Tuesdays, beginning May 7, from 3:30 p.m. to 5 p.m. in the chapel.
- **Healing Hearts** is for adults who have completed Serenity Seekers. The group meets on the first Thursday of the month, from 4 p.m. to 5:30 p.m. in the chapel.
- **Caregiver Support Group** is for anyone caring for a loved one. It meets on the third Wednesday of the month, from 3:30 p.m. to 5 p.m. in the social worker's office, located in the hospice unit.

For more information or to register contact Denise A. Emerson, Stein Hospice Social Worker, 937.378.2900 Ext. 2766.



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## SUPPORT GROUPS

All groups are free and available to anyone in the community whether or not they have had previous involvement with Stein Hospice. For more information contact Hope Seavers, Bereavement Care Liaison 800-625-5269 or [hseavers@steinhospice.org](mailto:hseavers@steinhospice.org)

### Adult Support Groups:

- **Serenity Seekers:** for the loss of any adult loved one.
- **Healing Hearts:** for graduates of Serenity Seekers.
- **Compassionate Friends:** for adults who have experienced the loss of a child.
- **A New Dawn:** for adult survivors of divorce.
- **A New Day:** for graduates of A New Dawn.
- **With the Guys:** for adult men who have lost a loved one.
- **Rain's End:** for adults who have lost a loved one through suicide.
- **Clear Skies:** for graduates of Rain's End.
- **M.I.S.S. You:** for parents who are grieving loss through miscarriage, infant death and stillbirth.
- **In It Together:** for families who have a loved one in the military and deployed. Contact Kim Gentzel, 419-750-0642.

### Adult Social Event Groups:

- **Bunch for Lunch:** Potluck 12 p.m., first Monday of month, at Stein Hospice, 1200 Sycamore Line.
- **Sandusky Yacht Club Lunch Bunch:** 12 p.m., third Wednesday of month. 529 E. Water St., Sandusky.

- **Huggers and Munchers:** 5 p.m., second Tuesday of month, at different restaurants.
- **Healing Hearts Lunch Bunch:** 12 p.m., first Wednesday of month, at Berry's Restaurant 15 W. Main St., Norwalk.

### Children and Adolescent Support Groups:

- **Recovery Riders:** for children ages 7-12 who have lost a loved one through death.
- **R.U.O.K.:** for adolescents ages 13-18 who have lost a loved one through death.
- **Tough Cookies:** for children ages 7-12 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Next Step:** for adolescents ages 13-18 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Club USA:** for children ages 7-12 who have a loved one in the military who has been deployed.
- **Camp Good Grief:** a weeklong summer day camp for children ages 5-13, held in several local parks.