

## Encore Shop Celebrates 4th Anniversary

### From the Mailbag

We would like to thank each and every one of you who have touched our hearts and our lives through Bert Fannin. You are very extraordinary people. I just wanted to express our gratitude. You took excellent care of our dad and he also was very grateful.

Thank you,  
*Dorothy Fannin & Family*

We are so grateful for the compassionate care given to our mother in her last days. All of you at Stein Hospice, both professional and volunteers, couldn't have been nicer or more helpful. You all deserve a special place in heaven.

Most sincerely,  
*Terry Mackey*  
*In remembrance of my mother*  
*Fannie D. Mack*

On behalf of myself and family, I would like to extend my appreciation to Stein Hospice. Everyone I came in to contact with, concerning my wife Paula's care was caring and very compassionate. Paula's passing was very hard to witness, but she is in a better place, pain free and no more suffering.

Sincerely,  
*Ben Currier & Family*

Since opening the doors in October 2010, the Encore Shop has provided an avenue to donate gently used items, or shop, in support of Stein Hospice. The shop was designed to thrive with volunteer labor and live or die on a donated inventory of clothes, furniture, electronics, household goods and jewelry. The hope was the Encore Shop would also help families struggling with "what to do" when dealing with the loss of a loved one and an entire home of furnishings.

As a result of the community's generosity and enthusiasm for the store and support for Stein Hospice, The Encore Shop is preparing to celebrate its fourth anniversary. Over the past years our customers have been varied. Some shoppers have been newlyweds, setting up their first home, college students outfitting their first apartment, or our dedicated regulars looking for that special something. Because of those faithful shoppers, and most specifically those heading off to college, we find that we are in great need of gently used furniture, including couches, chairs, tables, bedroom sets and lamps. We pick up furniture at no charge.

As you clean out this fall, please remember those and the other items on the Encore wish list:

- Jewelry, including costume;
- Scarves, purses, shoes and other accessories;
- China, glassware and other home décor items;
- Vintage and designer clothes.

We are grateful for every financial donation and donated item, every purchase made, and every hour of volunteer time that has contributed



*Our customers will imagine their Thanksgiving feast set upon this lovely dining table. All of the place settings and accessories have been donated and will go to a loving new home.*

to the success of the store. Income from the store ensures that patients and their families have access to quality care and support services at Stein Hospice. All donations are tax deductible.

Encore is located at 126 Columbus Ave., across the street from the Sandusky State Theatre. The shop is open Monday through Friday, 11 a.m. to 5 p.m. and Saturday, 11 a.m. to 2 p.m. To arrange for a pickup or for more information call the shop at 419-502-0019.



*These chairs found a new life through the Encore Shop. Maybe your unneeded belongings can make someone happy too.*

## MEDICAL DIRECTORS

James Preston, DO  
Andrew Ache, MD  
Reagan Bristol, DO  
Christina Canfield, MD  
Dennis Furlong, DO  
Lynn Chrismer, MD

Michael McHenry, MD  
Edward Radatz, DO  
Larry Robinson, DO  
Sara Graham, DO  
Todd Williams, MD

## MANAGEMENT

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Tamara Zuilhof, *Chief Operating Officer*  
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Amy Skolnik, *Outreach Director*  
Lynne Raditz, RN, *Director of Intake*  
JoAnn Didion, LISW-S, *Practice Manager*

## STEIN HOSPICE

*Mission Statement: To provide comfort, compassion and support during life's final journey.*

## LOCATIONS

### Administrative Office

**Sandusky**  
1200 Sycamore Line  
Sandusky, Ohio 44870  
419-625-5269  
1-800-625-5269

**Stein Hospice Care Center**  
**Firelands Regional Medical Center South Campus**  
1912 Hayes Ave., 3rd Floor  
Sandusky, Ohio  
419-558-4164  
1-866-230-7597

### Norwalk

257 Benedict Ave., Suite B  
Norwalk, Ohio 44857  
419-663-3222

**Tiffin**  
100 Madison St.  
Tiffin, Ohio 44883  
419-447-0475

*Please note, this is the correct address for our Norwalk office. It is currently listed incorrectly in the Yellow Pages phone book and online at yp.com and 411.com*

**Lorain**  
4000 Oberlin Ave., Suite 4  
Lorain, Ohio 44053  
440-282-3939

### Port Clinton

1848 E. Harbor Road  
Port Clinton, Ohio 43452  
419-732-1787

**Stein South**  
100 Liming Farm Road  
Mount Orab, Ohio 45154  
937-444-2766

## EMAIL

**Volunteer info:** [volunteers@steinhospice.org](mailto:volunteers@steinhospice.org)  
**Donor/event info:** [development@steinhospice.org](mailto:development@steinhospice.org)  
**Referrals/questions:** [intake@steinhospice.org](mailto:intake@steinhospice.org)  
**All other inquiries:** [steinhospice@steinhospice.org](mailto:steinhospice@steinhospice.org)

## IN TOUCH IS PUBLISHED BY:

Stein Hospice  
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[www.steinhospice.org](http://www.steinhospice.org)

## GO GREEN

Help Stein Hospice save money and care for the environment by receiving "In Touch" electronically. Just send an email to [newsletter@steinhospice.org](mailto:newsletter@steinhospice.org) and include both your email and mailing address. We will not distribute your email address or use it for any other purpose. "In Touch" is published every two months and is also available online at [www.steinhospice.org](http://www.steinhospice.org).



Jan Bucholz,  
Chief Executive Officer

## Message from Chief Executive Officer

The past months have brought many changes to Stein Hospice as we, like other health care providers throughout the nation, face the challenges of delivering quality care in an ever-changing health care environment. As a result of these changes, Stein Hospice has strongly positioned itself to meet one of its biggest challenges, to encourage patients to enroll in hospice sooner in their illness. This would allow patients and families alike to benefit from Stein Hospice's rich array of services much earlier. In 2012, according to statistics published by the National Hospice and Palliative Care Organization, half of hospice patients received care for less than three weeks.

To reverse this trend, Stein Hospice is planning to publish a series of articles in area newspapers and sponsor several programs to educate health care professionals and the public about the benefits of early hospice care. The program, which is scheduled for October 22, will feature Dr. Michael Murphy, an internationally recognized hospice expert. In addition, Stein Hospice has established a Speaker's Bureau that will provide staff members to speak at churches and other organizations about the many facets of hospice care.

Another challenge facing Stein Hospice is how to provide access to pain and symptom management to the people of our community who are not yet eligible for hospice. To that end, palliative care clinics have been established at University Hospitals Seidman Cancer Center at Firelands Regional Medical Center, Firelands Regional Medical Center South Campus, North Coast Cancer Center and Fisher Titus Medical Center. Other outreach services will be launched in the coming months.

As we look forward to 2015, Stein Hospice, through the efforts of the Board of Directors, administration and staff members, has positioned itself to successfully tackle the demands of the changing health care environment, while continuing to provide the highest quality care you have come to expect from Stein.

With Love and respect,

# Love, Loss, and Forgiveness Project... a healing process

Dr. Murphy's Love, Loss, and Forgiveness Project's main focus is to initiate individuals to create a healing process for themselves and to help them build a local community of peers dedicated to learning to live more loving lives. In addition, the Project provides self-esteem training programs for business and institutional partners that help them realize genuine, integrated teams of inspired administration, management and staff.

"Living the loving life" may, on the surface, sound "too soft" or simple. Yet it is what all humans strive for, and few achieve. The difficulties encountered on this path are not insurmountable, they can start here with your curiosity and willingness to explore becoming the person you know you can be, develop the meaningful relationships you want to have, and live that successful, loving life that can be yours.

## How this educational healing process can help you...

Being human is not an easy or a kind experience for many of us. The Love, Loss and Forgiveness Project process and practices are designed to help you



learn new ways to deal with the many pressures and difficulties life can throw your way, and to help you move towards greater peace and understanding. Join the Project's founder, Dr. Michael Murphy on the dates listed below to learn more.

## Save the date!

In October 2014, Stein Hospice will have the honor to host Dr. Michael Murphy. Dr. Murphy is an author and the founder of the Love, Loss, and Forgiveness Project. An early leader in the hospice movement in the United States, Murphy founded St. Peter's Hospice in Albany, New York, in 1978 and served as its medical director for 17 years. During that time, he witnessed many stories and guided families and their loved ones in their heart-wrenching efforts to connect with one another & say goodbye. In helping them to become lighter through the expression of love and forgiveness, he saw that most were able to die more peacefully, and the families were better prepared to let go.

Stein Hospice will be hosting a speaking engagement with Dr. Murphy on October 22nd for local physicians,

healthcare professionals, volunteers, clergy, and the greater community. Dr. Murphy will be speaking on love, loss, and forgiveness in our lives and sharing opportunities essential to living a more loving life. He will guide us towards shifting from a fear filled life to a peaceful and living by embracing compassion and forgiveness.

You will not want to miss this opportunity to hear and meet one of hospice's finest. Please join us on Wednesday, October 22nd from 2-4 pm in the Community Room at Firelands Regional Medical Center South Campus.

For reservations, contact us at 419-625-5269.

# Summer Events

## Clay Shoot



10th annual Sporting Clay competitor takes aim. Nearly 70 shooters participated in the event at WR hunt on July 13th

A growing number of lady shooters have joined in the fun. Grab the camo ladies, join us next year!



## 4th of July Raffle



Linda Swick, grand prize winner with her new 42" LG LED TV.

## 5K Memorial Run



Team Karrloads of love for Grandma gather prior to the 7th annual Memorial 5k in Sandusky. All family members participated in the race! Bring your family to join us next June.



Looks like the Foundry Rats won the teambuilding challenge at MetalTek. Who would build the bigger team at your company? Join our corporate challenge in 2015!



Team Chris Smith once again brings home the hardware! Not the Perkins kids but family and friends of Coach Smith carry on the winning tradition.



High fives for Olivia who ran (in full firefighter gear) in memory of her brother, Jamie Dickman.

## Stein Hospice Cup



*Competitors gather for the start at the Stein Hospice Cup/Islands Race regatta on June 28th. Some boats raced to Middle Bass Island, while the cruisers took a more leisurely approach. A great time was had by all!*



*Winning Team from Badfish gather at JF Walleye's to enjoy the great food and libations provided by the Walleye crew.*

## Pyrate Run

*Even fashion divas can get their Pyrate on. Prizes awarded for the best dressed runners.*



*Vickie Schoen from Firelands Area Runners gets help from the Pyrate Run mascot at the 2nd annual PIB Pyrate run*



# September and October Events

**September 14th** – Come ride with Stein Hospice at the **2nd Annual Memorial Bike Ride**. The ride headquarters will be at EHOVE Career Center in Milan, Ohio. You will have the opportunity to ride a 45, 25, or 12 mile route through scenic Erie County. Registration starts at 7:00 am. The 45 mile ride will begin at 8:00 am, followed by the 12 and 25 mile ride beginning at 9:00 am. Online registration is available at [www.steinhospice.org/donate/donationopportunities](http://www.steinhospice.org/donate/donationopportunities). Early registration is \$25, day of registration is \$30. To receive an event T-shirt, please register by September 5th. Lunch will be provided for all riders when they return to EHOVE.

**September 21st** – Erie County Conservation League will be hosting a **Trap & Skeet Shoot and Steak Fry** to benefit Stein Hospice. The range will be open from 10 am -4 pm and will be \$5/round. The meal will be served from 11:30 am – 2 pm and will cost \$12/person. No registration necessary.

**September 27th** – Join us for the **3rd Annual Luau** for Stein Hospice at JF Walleyes on Middle Bass Island. Tickets for this fun-filled day are \$30/person. The ticket includes round-trip transportation to Middle Bass Island via Miller Ferry, a delicious pig roast lunch, a tour of Middle Bass and live entertainment. The boat leaves the Miller Boat Line dock on Catawba Island at 11:15 am and will return to mainland by 5:00 pm. Tickets are available by calling 419-625-5269 or 800-625-5269 or go to [www.steinhospice.org](http://www.steinhospice.org).

**October 12th** – Join us for the **PK5K run** on Sunday morning in historic Lakeside. This run is to honor the memory of Patricia King Munn. Registration is from 8-9 am, with the race starting at 9:30 am. Pre-registration is \$20 and available online at <https://www.steinhospice.org/donate/donation-opportunities/pk-5k-run/>. Day of registration will be \$25.

# Reaching Out to Our Community

The Outreach Department at Stein has been keeping very busy with community activities! The pictures on this page show our participation in some of the area county fairs. Our staff and volunteers really enjoy our contact with the members of our communities as well as welcome the opportunity to showcase Stein Hospice services.



*Teresa Johnson Clinical Supervisor, Stein South at the Adams County Fair.*



*Volunteer Gaynel Klimek providing information on Stein volunteer services to those attending senior day at the Seneca County Fair!*



*Volunteers are Kay Schoen and Marilyn Umlauf visiting the Ottawa County Fair on Senior Day.*



*Denise Emerson, Stein LSW, and Teresa Johnson, Clinical Supervisor, with Stein South at the Clermont County Fair.*

## We Salute Our Veterans

*Joann Didion pinning veteran Frank Renwand at Stars and Stripes celebration downtown Sandusky on the 4th of July.*



# Calendar of Events

## September

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### Open Labyrinth Walk

Monday, Sept. 8th, 4 - 7pm  
Firelands Regional Medical Center  
South Campus - Community Room

### LifeCourse™

Friday, Sept. 12th, 19th, 26th, Oct. 3rd,  
10th, 17th, 1 - 4pm  
Terra State Community College  
2830 Napoleon Road, Fremont



### Memorial Bike Ride

Sunday, Sept. 14th, Registration: 7am  
45 mile ride start: 8am  
25 and 12 mile ride: 9am  
EHOVE Career Center  
The ride will be mostly flat with some slight rolling hills. SAG service will be provided in case of any equipment malfunctions, at your cost. Register by September 5, 2014 to be guaranteed a T-shirt.

### Trap & Skeet Shoot, Steak Fry

Sunday, Sept. 21st, 10am - 4pm  
Erie County Conservation League  
No registration necessary.

### Luau at JF Walleye's

Saturday, Sept. 27th, 11:15am - 5pm  
JF Walleye's on Middle Bass Island  
The ticket includes round-trip transportation to Middle Bass Island via Miller Ferry, a delicious pig roast lunch, a tour of Middle Bass and live entertainment. The boat leaves the Miller Boat Line dock on Catawba Island at 11:15 am and will return to mainland by 5:00 pm.

### Reiki Level I

Friday, Sept. 5th and Saturday, Sept. 6th, 8:30 - 11:30am  
Stein Hospice  
1200 Sycamore Line, Sandusky

## October

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### Reiki Level II

Friday, Oct. 3rd and Saturday, Oct. 4th, 8:30 - 11:30am  
Stein Hospice  
1200 Sycamore Line, Sandusky



### Harvest Happenings

Saturday, Oct. 4th - Sunday, Oct. 5th,  
Osborn Park

### Northcoast Breast Cancer Conference

Saturday, Oct. 11th  
Kalahari

### PK 5K Run

Sunday, Oct. 12th, Registration 8 - 9am,  
Race Start 9:30 am  
Lakeside Administration Office  
236 Walnut Ave., Lakeside  
Join us for the PK5K run on Sunday morning in historic Lakeside. This run is to honor the memory of Patricia King Munn.

### Northcoast Senior Expo

Monday, Oct. 13th, 10am - 2pm,  
Kalahari

### Open Labyrinth Walk

Monday, Oct. 13th, 4 - 7pm  
Firelands Regional Medical Center  
South Campus - Community Room

### Erie County Health & Wellness Fair

Tuesday, Oct. 21st  
Erie County Fairgrounds

### Reiki Level III

Friday, Oct. 31st and Saturday, Nov. 1st,  
8:30 - 11:30am  
Stein Hospice  
1200 Sycamore Line, Sandusky

## Coming Soon

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### Hope for the Holidays

Sunday, Nov. 2nd, 2 - 4:30pm  
Sandusky Yacht Club  
or  
Tuesday, Nov. 4th, 6:30 - 9pm  
Sheri's Coffee House, Norwalk  
or  
Thursday, Nov. 6th, 5:30 - 8pm  
The Bellevue Hospital  
or  
Sunday, Nov. 9th, 2 - 4:30pm  
Ottawa County

### Senior Fest

Tuesday, Nov. 18th  
Midway Mall

### Girls' Night Out

Tuesday, Nov. 25th  
Kalahari

### Childrens Holiday Grief Relief Program

Thursday, Dec. 18th, 5:30 - 7:30pm  
1200 Sycamore Line, Sandusky



Sandusky Office  
1200 Sycamore Line  
Sandusky, Ohio 44870

ph. 419-625-5269  
fax 419-625-5761

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## SUPPORT GROUPS

All groups are free and available to anyone in the community whether or not they have had previous involvement with Stein Hospice. For more information contact Hope Seavers, Bereavement Care Liaison 800-625-5269 or [hseavers@steinhospice.org](mailto:hseavers@steinhospice.org)  
*\*Participants purchase their meal.*

### Adult Support Groups:

- **Serenity Seekers:** for the loss of any adult loved one.
- **Healing Hearts:** for graduates of Serenity Seekers.
- **Compassionate Friends:** for adults who have experienced the loss of a child.
- **MOMS:** for mothers who have experienced the death of a child, of any age (childhood to adulthood).
- **A New Dawn:** for adult survivors of divorce.
- **A New Day:** for graduates of A New Dawn.
- **With the Guys:** for men who have lost a loved one.
- **Rain's End:** for adults who have lost a loved one through suicide.
- **Clear Skies:** for graduates of Rain's End.
- **Angel Warriors:** for adult women who have lost a loved one and have challenges with self-esteem.
- **M.I.S.S. You:** for parents who are grieving loss through miscarriage, infant death and stillbirth.
- **In It Together:** for families who have a loved one in the military and deployed. Contact Kim Gentzel, 419-750-0642.

### Adult Social Event Groups:

- **Bunch for Lunch:** Potluck 12 p.m., first Monday of month, at Stein Hospice, 1200 Sycamore Line.
- **Sandusky Yacht Club Lunch Bunch\*:** 12 p.m., third Wednesday of month. 529 E. Water St., Sandusky.
- **Huggers and Munchers\*:** 5 p.m., second Tuesday of month, at different restaurants.

- **Healing Hearts Lunch Bunch\*:** 12 p.m., first Wednesday of month, at different restaurants.

### Children and Adolescent Support Groups:

- **Recovery Riders:** for children ages 7-12 who have lost a loved one through death.
- **R.U.O.K:** for adolescents ages 13-18 who have lost a loved one through death.
- **Tough Cookies:** for children ages 7-12 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Next Step:** for adolescents ages 13-18 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Club USA:** for children ages 7-12 who have a loved one in the military who has been deployed.
- **Camp Good Grief:** a weeklong summer day camp for children ages 5-13, held in several local parks.

### Brown, Clermont and Adams counties:

- **Healing Hearts Lunch Bunch\*:** 5 p.m., third Monday of month, at different restaurants.
- **Current Caregiver:** 3:30 p.m., first Wednesday of month.
- **New Caregiver:** 3 p.m., fourth Wednesday of month.