

## Riding in Memory

Donna Langenfelder always made sure she gave back. She was an active supporter at area soup kitchens and volunteered for secret shopping – often adding her own money to the gifts. She generously picked families in need of which to donate and prepare a hot meal.

“My mom always put a smile on others’ faces,” says her son, Bob Langenfelder.

A patient of Stein Hospice, Donna required the organization’s services to achieve her final wish of dying at home. Bob chose to emulate his mother’s giving ways in 2013, combining charity with his passion for bike riding, by introducing the first annual Stein Hospice Memorial Ride, held in her honor. The event offered three courses to cyclists. The third event of its kind, a family affair with Bob’s siblings and extended families also participating, is scheduled for July 26th.

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## PK5K 2015: a chance to remember Mom

Patricia King Munn, a patient with Stein Hospice prior to her passing in September of 2013, was ahead of her years and one of the first in her area to have a laundry room on the first floor. She was a seller of postcards on eBay when many people her age were not comfortable touching a mouse.

“Our Mom was smart, funny and always interested in new things,” says son Steve LaTourette. “When she was diagnosed that July and made the decision to forgo further treatment, we were devastated but respected her wishes. The loving care at Stein not only eased her pain but allowed us to grieve and prepare for the end.”

A native of Cleveland Heights, Ohio, Pat spent many summers at Lakeside as a child and ultimately moved there permanently with her husband, Melvin Dell, Sr., in 1980. Family members indicate that it was very important to Pat to be at home for as long as possible, when it became



clear she was nearing the end of her life. Daughter Sarah Thomas is appreciative that Stein Hospice took over her mother’s care so that the family did not feel the heavy weight of responsibility of ensuring her comfort. “We were grieving and so terribly sad that we were losing our mother, but we realized that the most important thing, at the time, was that she was being treated with compassion and dignity, and allowed to pass with kind hands caring for her,” says Sarah.

“My respect and appreciation for the ‘angels’ at Stein,” adds grandson Rob LaTourette. “Gram was always tough as nails and dutiful to and about our family, so I knew that she would

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## MEDICAL DIRECTORS

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Reagan Bristol, DO  
Christina Canfield, MD  
Dennis Furlong, DO  
Lynn Chrismer, MD

Michael McHenry, MD  
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Larry Robinson, DO  
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## STEIN HOSPICE

*Mission Statement: To provide comfort, compassion and support during life's final journey.*

## LOCATIONS

**Administrative Office**  
Sandusky  
1200 Sycamore Line  
Sandusky, Ohio 44870  
419-625-5269  
1-800-625-5269

**Stein Hospice Care Center**  
Firelands Regional Medical  
Center South Campus  
1912 Hayes Ave., 3rd Floor  
Sandusky, Ohio  
419-558-4164  
1-866-230-7597

**Norwalk**  
257 Benedict Ave., Suite B  
Norwalk, Ohio 44857  
419-663-3222  
*Please note, this is the correct address for our Norwalk office. It is currently listed incorrectly in the Yellow Pages phone book and online at yp.com and 411.com*

**Tiffin**  
100 Madison St.  
Tiffin, Ohio 44883  
419-447-0475

**Lorain**  
4000 Oberlin Ave., Suite 4  
Lorain, Ohio 44053  
440-282-3939

**Port Clinton**  
1848 E. Harbor Road  
Port Clinton, Ohio 43452  
419-732-1787

**Stein South**  
100 Liming Farm Road  
Mount Orab, Ohio 45154  
937-444-2766

## EMAIL

**Volunteer info:** volunteers@steinhospice.org  
**Donor/event info:** development@steinhospice.org  
**Referrals/questions:** intake@steinhospice.org  
**All other inquiries:** steinhospice@steinhospice.org

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Stein Hospice  
419-625-5269, 1-800-625-5269  
FAX 419-625-5761



[www.steinhospice.org](http://www.steinhospice.org)

## GO GREEN

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Jan Bucholz,  
Chief Executive Officer

## Message from Chief Executive Officer

I have always believed that our community is the best place to live in the world. Of course there are a lot of reasons for this. The close proximity of the lake, the rolling fields and the weather...well, at least most of the time, make this area beautiful in so many ways. But what makes this community spectacular is the people who live here. We are home to generous, down to earth, caring people who do not hesitate to support programs they find beneficial. It is to you that I write this article.

Stein Hospice has continuously been the recipient of the generosity of the community. From the foundations and large gifts and bequests that come our way, to the \$10 donations given one gift at a time, Stein has been blessed with the support and generosity of the people we are here to serve. This support has allowed Stein to improve and intensify the service provided to individuals and families facing end of life. Programs such as our comfort team, massage, reiki and techniques learned through our partnership with the Sacred Art of Living and Dying, guided imagery, the Veteran's program, Paws Up, Ethical Wills, and our Labyrinth Project all target a celebration of life. None of us live forever. But the time we have, is filled with opportunities for love, forgiveness and cherishing the presence of special people in our lives. Each of these programs presents an opportunity for growth and for living life...well. Our bereavement team takes the services of Stein Hospice further by focusing on helping loved ones through their grief journey through work with individuals, groups or educational offerings. These programs have one thing in common. They are all "unfunded" and made possible because of the generosity of you, the people we are here to serve, who have likewise been here for us.

The bond that has existed between Stein Hospice and the people we are privileged to serve has resulted in one other benefit - Stein's ability and continuing commitment to be there for everyone in our community...regardless of the presence of insurance or ability to pay.

So, thank you for the privilege of serving you. Thank you for the generosity of your support that has allowed us to develop unique and specialized programs that will better meet the needs of our community... our friends...our families...and, someday, for each of us.

With Love and respect,

Stein Hospice has many fun and exciting events coming up this year.  
Please join us, there is something for everyone.  
Proceeds for the events will benefit Stein Hospice patients and their families.

## SOCIAL EVENTS

### May Day Celebration

Come celebrate Spring at the newest Stein Hospice event. The May Day Celebration will take place on **Saturday, May 2nd** at the Port Clinton Yacht Club. The evening will include a chef's tasting from The Orchard Restaurant, a cash bar and live entertainment. There will be an opportunity to support Stein Hospice with live auction items, including one of a kind, hand painted Adirondack chairs sponsored by Mary's Blossom Shop and Cleats Club Seat Grille. These will be painted by local artists, including one done by Danbury Art Students. There will also be a silent auction and raffles throughout the evening.

Tickets for this event are \$45 and can be purchased online at [www.steinhospice.org](http://www.steinhospice.org) or by calling 419-625-5269.



### Paws Up Pet Expo

Bring your four-legged friends and join us at the Paws Up Pet Expo on **August 22nd**. The Pet Expo will be held at the Sandusky Bay Pavilion, 605 E. Water St., Sandusky from 12-3 pm. The whole family will enjoy the pet demonstrations, vendors and activities for both pets and people. Your pet can make a masterpiece by paw painting, participate in a talent show and visit the vendors. If you are interested in being a sponsor or vendor, contact Stein Hospice at 419-625-5269.



### 2nd Annual Stein Hospice Clam Bake

The 2nd Annual Stein Hospice Clam Bake will take place in Lorain County on **Saturday, October 17th**. The dinner will include clams, chicken or steak, potatoes, clam chowder and corn on the cob. There will be an opportunity to purchase 50/50 tickets and raffle tickets.



### Stein Hospice Wing Night

The Stein Hospice Wing Night will take place in **November** at the Brass Pelican. This event will benefit the Veterans program.

# SPORTING EVENTS

## 16th Annual Perch Derby

Get out your rod and reel and join us on **Monday, June 1st** for the 16th Annual Perch Derby at Kelleys Island. Boats leave the Casino dock at 8:00 am to fish until 1:00 pm. There is an entry fee for each fishing boat. Upon returning to the dock, the fish are weighed and measured for the record. In the evening, the Caddy Shack will host a fish fry fundraiser for the fishermen and community. At the fish fry, awards will be given to the fishermen with the most fish and other categories. There are opportunities to participate in raffles throughout the event also. What better way to start the summer than to spend the evening on Kelleys Island?



## 26th Annual Chick Schaffner Memorial Golf Outing

The 26th Annual Chick Schaffner Memorial Golf Outing will take place on **Monday, June 15th** at the Catawba Island Club. The outing will begin with a shotgun start at 12:30 pm. Lunch will be served to the golfers prior to heading out on the course. Once the outing concludes, dinner will be served at the clubhouse. For information about sponsorship or participating in the event, contact Stein Hospice at 419-625-5269.



## Islands Race/Stein Hospice Cup

The Islands Race/Stein Hospice Cup has been taking place on the waters of Lake Erie for over 50 years. Sailors gather at the Sandusky Sailing Club on **Saturday, June 27th** to start the race. The race will finish at Middle Bass Island with a dinner, party and awards taking place at JF Walleye's. The evening before the race, Friday, June 26th, the Sandusky Sailing Club will host a benefit dinner for Stein Hospice. If you are interested in sailing in the regatta, contact Stein Hospice at 419-625-5269.



## 11th Annual Sporting Clay Shoot

The 11th Annual Sporting Clay Shoot will take place on **Sunday, July 12th** at WR Hunt Club in Clyde, Ohio. Teams of four compete for the best score on the course, followed by a pig roast, raffles and awards. Registration will begin at 9:00 am with the shoot running until 2:00 pm. Shooters of all ages and abilities are welcome to join us.



## 21st Annual Stein Hospice Charity Golf Classic

Calling all golfers!! The 21st Annual Stein Hospice Charity Golf Classic will be held at Eagle Creek Golf Club in Norwalk, Ohio on **Wednesday, August 26th**. The golfers will be able to enjoy lunch prior to the shotgun start at 1:00 pm. When the golfers return from an enjoyable day on the course, they will be served dinner from area restaurateurs. There will be an opportunity to purchase unique items at a live and silent auction after dinner. If you are interested in being a sponsor or golfing in the outing, please contact Stein Hospice at 419-625-5269.

# WELLNESS EVENTS

## 3rd Annual Pyrate 5K

The 3rd Annual Pyrate 5K will take place amongst a sea of pyrates on **Sunday, June 21st** at Put-in-Bay. The run will start at 9:30 am at DeRivera Park and take the runners around the island of South Bass. Runners are encouraged to dress like a pyrate. Once the race has concluded, the runners will be given lunch during the awards ceremony. Online registration is available at [www.steinhospice.org](http://www.steinhospice.org).



## 9th Annual Memorial 5K/10K

Join us for the 9th Annual Memorial 5K/10K along the waterfront in downtown Sandusky. The run will take place on **Saturday, June 27th** with registration starting at 7:00 am. The 10K is new to this event. Teams can participate in this run to vie for the Coach Chris Smith Team Trophy. Pre-registration for the 5K is \$20 - 10K is \$25. Registration the day of the race will be \$25 for the 5K and \$30 for the 10K. Registration will be held at the Sandusky Bay Pavilion at 605 E. Water St., Sandusky, with the race starting at the corner of Water St. and Meigs St. Registration is available online at [www.steinhospice.org](http://www.steinhospice.org). Please plan to join us.

## Riding, continued from cover

When Bob was asked about the services Stein provided for his mother, he replied, "Heart-full care best describes my mom's care. Not only did they focus the care, of course, on her, but they also made sure our needs were also cared for all the way until the end of my mother's life. After, and still to this day, Stein Hospice continues to offer their services."

Bob feels that holding a benefit, such as his mother's memorial bike ride, is important not just because of the monetary donations that are gained, but because it creates awareness of Stein Hospice as an organization.

While positively impacting other families that may need the services of Stein in the future, sponsoring a memorial event also helps a family through the grief of losing a loved one.

"Not only does the Memorial Ride continue to keep my mother's memory strong, but it also gives back," concludes Bob. "Stein Hospice is such a great organization that allows your loved one to receive quality care and be surrounded by family during this process."

*Please consider supporting this event in order to allow Stein Hospice to continue to provide this service.*



The 3rd Annual Memorial Bike Ride is set to get rolling on **Sunday, July 26th** from EHOVE Career Center in Milan, Ohio. There are three routes the rider can choose to take: 12 miles, 25 miles, or 45 miles. The cyclists will travel over mostly flat terrain throughout the countryside of Erie County. Upon their return, lunch will be served. The 45 mile ride will begin at 8:00 am with the 12 and 25 mile rides beginning at 9:00 am. Registration will be held at EHOVE Career Center beginning at 7:00 am. Register for the bike ride online at [www.steinhospice.org](http://www.steinhospice.org).



## PK5K, continued from cover

need the good care of hospice to get her physically and spiritually to a point where she could let go.”

In addition to her forward-thinking approach to life, Pat had a love for community and a desire to give back, setting a selfless example for her children and others. She was an active member of the Danbury Zoning Board, the Ottawa County Senior Advisory Board, the Danbury Senior Center, and many committees of the Lakeside United Methodist Church and was, eventually, inducted into the Ottawa County Senior Hall of Fame.

Duplicating her giving nature, her family chose to honor her through a fall 2014 memorial event, The PK5K Run, set in Lakeside, and is preparing for the 2nd annual PK5K Run, to be held October 11, 2015.

“The PK5K is just a small way to give back ... while helping to make other people aware of all that Stein Hospice has done for our family and may do for themselves or their family in the future,” says daughter Katie Hamann. “We were all personally able to see the many extras that are done at Stein. We had counseling that was available to us upon request ... doctors, nurses, and volunteers who were kind and gentle to our mother and the entire family, and the Hospice Choir that sat bedside with mom, singing beautiful songs that brought tears to my eyes ... Keeping mom’s memory alive through this run/walk not only helps with the grieving process, but it is rewarding to know that the money raised will help other families through their difficult time.”

Pat placed an incredibly high value upon time spent with

loved ones and, according to son Andy LaTourette, the family had been traveling to Lakeside, with its little shops, porches and dock reaching out into Lake Erie waters, since his great grandparents’ generation. The one constant for everyone was Pat, and she was most at home there.

Sarah insists her mother would have loved everything about the memorial event set in her favorite place. She feels that, most of all, Pat would have loved that the PK5K is a chance for her family, and other families, to get together and participate in a fun and joyful activity.

“Our family is fortunate to have the resources to afford quality health care,” says Sarah. “Sadly, this is not true for everyone. However, we learned that no one in Stein’s reach is turned down from hospice services. That’s really a pretty incredible and wonderful thing. The proceeds of the PK5K help Stein Hospice to provide, to those less fortunate, the same compassionate care our mother and many others have received ... Our wish is that this event will grow into large numbers, and together all of us can affect the world in a positive way.”

“By holding the event in Lakeside, there is a sense of coming home,” concludes daughter Eve Brooksieker. “With each step we took in the first PK5K, we were able to relive so many fond memories. This benefit is our way of keeping our mother’s memory alive and giving back to an organization that will be able to give to others.”

*Pat’s family’s decision to honor her memory through the annual PK5K event is so very much appreciated by both Stein Hospice and the families the fundraiser shall benefit.*

## Calling all veterans for “Veterans Serving Veterans” Volunteer training

Veterans need special consideration when searching for peace as they travel on life’s final journey. As a veteran, you understand more than anyone. Become a volunteer by attending the Stein Hospice LifeCourse™ volunteer classes, and make a difference in a fellow veteran’s life.

Classes will be held April 14, 16, 21, 23, 28 and 30 from 6 to 9pm at the Sandusky VFW, 604 W. Perkins Avenue.

This free, three week course explores the feelings

and philosophies of the death and dying process. It covers such topics as Introduction and Philosophy of Hospice; Veteran Issues at End of Life; Comfort Care; Communication Skills; Veteran Culture; Spirituality and Bereavement.

For more information or to register, please call Stein Hospice at 419-625-5269 or visit our website at [steinhospice.org](http://steinhospice.org)

# Calendar of Events

## April

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### Reiki Level III

Fri. April 10th, 8:30am - 4pm  
or

Sat. April 11th, 8:30am - 4pm

Stein Hospice

1200 Sycamore Line, Sandusky

Classes must be taken in order. To register, contact Rachel Berry BSN, RN, Reiki Master at 419-357-8337.

### Annual Memorial Services

Sun. April 12th, 2pm to 4pm

SC Community Room, Sandusky

Sun. April 19th, 2pm to 4pm

Magruder Hospital, Port Clinton

Sun. April 26th, 2pm to 4pm

Chamber of Commerce, Norwalk

### Open Labyrinth Walk

Mon. April 13th, 4pm to 7pm

Community Room, Firelands Regional Medical Center, South Campus, Sandusky

### LifeCourse™

Tues. April 14th, Thurs., April 16th

Tues. April 21st, Thurs., April 23rd

Tues. April 28th, Thurs., April 30th

6pm to 9pm

Sandusky VFW

604 W. Perkins Avenue, Sandusky

Veterans Serving Veterans. Volunteers must complete this 3-week

(18-hour) course. To register contact the Volunteer Department, 800-625-5269, volunteers@steinhospice.org

## May

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### Reiki Level II

Fri. May 1st, 8:30am - 4pm

or

Sat. May 2nd, 8:30am - 4pm

Stein Hospice

1200 Sycamore Line, Sandusky

Classes must be taken in order. To register, contact Rachel Berry BSN, RN, Reiki Master at 419-357-8337.

### World Labyrinth Day "Walk as One at 1"

Sat. May 2nd, 12pm to 3pm

Sandusky Mall, Sandusky

### May Day Celebration

Sat. May 2nd, 6:30pm to 10:30pm

Port Clinton Yacht Club

127 Brooklyn Ave. Port Clinton

### Open Labyrinth Walk

Mon. May 11th, 4pm to 7pm

Community Room, Firelands Regional

Medical Center, South Campus,

Sandusky

### Consider the Conversation Film and Panel Discussion

Thurs. May 14th, 6:30pm

Lorain Lighthouse United Methodist

Church, Lorain

### "Honor Flight" Movie

Wed. May 20th, 6:30 to 8:30pm

Danbury Local Schools Auditorium

## June

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### Perch Derby

Mon. June 1st, 8am to 1pm

Casino Dock, Kelleys Island

Fish fry that evening at Caddy Shack.

### Open Labyrinth Walk

Mon. June 8th, 4pm to 7pm

Community Room, Firelands Regional

Medical Center, South Campus,

Sandusky

### "Chick" Schaffner

### Memorial Charity Golf Classic

Mon. June 15th, 12:30pm

Catawba Island Club

### Camp Good Grief

June 15th - 19th

Osborn Park, Huron

June 29th - July 3rd

Hedges Boyer Park, Tiffin

July 13th - July 17th

Lakeview Park, Port Clinton

July 27th - July 31st

Veteran's Memorial Lake Park-Norwalk

August 10th - August 14th

West Park, Elyria

Day camp (10am-2pm) for

children ages 5 to 13 facing any

grief-related loss. To register, call

Hope Seavers, 800-625-5269 or

hseavers@steinhospice.org

### Pirate 5K Run

Sun. June 21st, 9am

Reel Bar, Put-in-Bay

### Memorial 5K/10K Run

Sat. June 27th, 8:30am

Sandusky Bay Pavilion

### Stein Hospice Cup/Islands Race Sailing Regatta

Sat. June 27th, 10am

Sandusky Sailing Club

## Upcoming Events

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### Sporting Clay Shoot

Sun. July 12th, 9am

WR Hunt Club, Clyde

### Memorial Bike Ride

Sun. July 26th, 7am

EHOVE Career Center, Milan

### Paws Up Pet Expo

Sat. August 22nd, 12-3pm

Sandusky Bay Pavilion, Sandusky

### Stein Hospice Charity Golf Classic

Wed. August 26th, 1pm

Eagle Creek Golf Club, Norwalk

### PK5K

Sun. October 11th, 8am

Lakeside

This race is a benefit fundraiser for Stein Hospice and to honor Patricia King Munn who passed away on September 30, 2013.

### Stein Hospice Clam Bake

Sat. October 17th

Lorain County

The dinner will include clams, chicken or steak, potatoes, clam chowder and corn on the cob. There will be an opportunity to purchase 50/50 tickets and raffle tickets.

### Stein Hospice Wing Night

November

Brass Pelican, Sandusky

Proceeds will benefit the Veterans programs.



Sandusky Office  
1200 Sycamore Line  
Sandusky, Ohio 44870

ph. 419-625-5269  
fax 419-625-5761

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## SUPPORT GROUPS

All groups are free and available to anyone in the community whether or not they have had previous involvement with Stein Hospice. For more information contact Hope Seavers, Bereavement Care Liaison 800-625-5269 or [hseavers@steinhospice.org](mailto:hseavers@steinhospice.org)  
*\*Participants purchase their meal.*

### Adult Support Groups:

- **Serenity Seekers:** for the loss of any adult loved one.
- **Healing Hearts:** for graduates of Serenity Seekers.
- **MOMS:** for mothers who have experienced the death of a child, of any age (childhood to adulthood).
- **A New Dawn:** for adult survivors of divorce.
- **A New Day:** for graduates of A New Dawn.
- **With the Guys:** for men who have lost a loved one.
- **Rain's End:** for adults who have lost a loved one through suicide.
- **Clear Skies:** for graduates of Rain's End.
- **Angel Warriors:** for adult women who have lost a loved one and have challenges with self-esteem.
- **M.I.S.S. You:** for parents who are grieving loss through miscarriage, infant death and stillbirth.
- **In It Together:** for families who have a loved one in the military and deployed. Contact Kim Gentzel, 419-750-0642.

### Adult Social Event Groups:

- **Bunch for Lunch:** Potluck 12 p.m., first Monday of month, at Stein Hospice, 1200 Sycamore Line.
- **Sandusky Yacht Club Lunch Bunch\*:** 12 p.m., third Wednesday of month. 529 E. Water St., Sandusky.
- **Huggers and Munchers\*:** 5 p.m., second Tuesday of month, at different restaurants.
- **Healing Hearts Lunch Bunch\*:** 12 p.m., first Wednesday of month, at different restaurants.

### Children and Adolescent Support Groups:

- **Recovery Riders:** for children ages 7-12 who have lost a loved one through death.
- **R.U.O.K.:** for adolescents ages 13-18 who have lost a loved one through death.
- **Tough Cookies:** for children ages 7-12 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Next Step:** for adolescents ages 13-18 who have had a loss through separation/divorce, a temporary or permanent placement out of their home or parents/caretakers who have been incarcerated.
- **Club USA:** for children ages 7-12 who have a loved one in the military who has been deployed.
- **Camp Good Grief:** a weeklong summer day camp for children ages 5-13, held in several local parks.

### Brown, Clermont and Adams counties:

- **Healing Hearts Lunch Bunch\*:** 5 p.m., third Monday of month, at different restaurants.
- **Current Caregiver:** 3:30 p.m., first Wednesday of month.
- **New Caregiver:** 3 p.m., fourth Wednesday of month.