

In Touch

January-March 2020

A Veteran's Last Christmas

Just two days before Christmas 2018, I had the privilege of honoring a Korean War veteran, and I received a holiday experience I'll remember the rest of my life.

I called ahead to ensure it was convenient for me to come to his home, and when the phone call was answered I heard Christmas music, laughter and many voices in the background. I explained who I was and why I wished to visit, expecting to make an appointment to come the next day. I was surprised when I was invited to come to the house immediately. I hesitated, but was assured that I would be welcomed by all. As I drove up to the house, the driveway was full of cars and many other cars were parked in the grass across the road.

(It was a small house and I entered through the kitchen full of people talking over snack plates full of holiday foods.) I was escorted into a small bedroom containing many family members. The veteran was lying comfortably, eyes closed, on his side facing the door. A young adult family member, I believe it was a granddaughter, was lying behind him lovingly rubbing his shoulders and speaking softly in his ear. He appeared to be resting comfortably but didn't respond when spoken too. After introductions, I leaned in close and presented him with a Certificate of Appreciation and said, "We pay special tribute to you for your military service to America and for advancing the universal hope of freedom and liberty for all." At that moment he opened his eyes and then closed them again. Saying nothing but, most assuredly, acknowledging that he understood the moment and his place in it. As you may imagine, many of the family became very tearful and it affected me as well. My voice breaking, I thanked him for his service and sacrifice.



To be part of such an intimate and personal moment in his and his family's life was both gratifying and humbling. It was important to his loved ones that his service to his country be commemorated, even if only at a simple bedside presentation.

To witness so much caring and love in that family is hope for us all. Especially today!

Mark W. Faust, SMSgt USAF (Ret.) Stein Hospice Veteran Team

STEIN PHYSICIANS

James Preston, DO – Medical Director Reagan Bristol, DO Nancy Cloak, MD Edward Radatz, DO Larry Robinson, DO

SENIOR MANAGEMENT

Jan Bucholz, MBA, MSN, RN, CHC, Chief Executive Officer Tamara Zuilhof, Chief Operating Officer Barb Metcalf, BSN, Chief Compliance Officer Jane Bruck, Finance Director Allison Burroughs, SHRM-CP, PHR, Human Resources Director Samantha Bechtel, MSSA, LISW-S, ACHP-SW, GC-C, Chief Clinical Support Officer Beth Frank, MBA, BSN, CPHQ, Quality and Education Director Michael Marsh, RN, Director of Nursing

STEIN HOSPICE

Mission Statement: To provide comfort, compassion and support during life's final journey.

LOCATIONS

Administrative Office Sandusky 1200 Sycamore Line Sandusky, Ohio 44870 419-625-5269 1-800-625-5269

Norwalk

49C Benedict Ave. Norwalk, Ohio 44857 419-663-3222

Port Clinton

1848 E. Harbor Road Port Clinton, Ohio 43452 419-732-1787 Stein Hospice Care Center Firelands Regional Medical Center South Campus 1912 Hayes Ave., 3rd Floor Sandusky, Ohio 419-558-4164 1-866-230-7597

Tiffin

181 E. Perry St. Tiffin, Ohio 44883 419-447-4040

EMAIL

Volunteer info: volunteers@steinhospice.org Donor/event info: development@steinhospice.org Referrals/questions: referralcenter@steinhospice.org All other inquiries: steinhospice@steinhospice.org

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www.steinhospice.org

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Jan Bucholz, Chief Executive Officer

Message from Chief Executive Officer

Veterans are beloved in this country. Most of us have veterans in our circle of family and friends and understand the sacrifices made by these heroes. These men and women have made, and continue to make, our way of life possible. Our debt to each of them can never be paid. We can only be grateful and do our part to assist them in any way possible.

Stein Hospice has had the privilege of serving veterans since our founding in 1981. Stories from staff and families confirm the end of life issues and needs of this population is ... sometimes... unique. Experiences, especially experienced in active combat, can leave scars that have never been noticed until their final days. Recognition of these issues have led to the development of interventions that can lessen the burden carried by these dying veterans and help bring healing to them and their loved ones.

Part of Stein Hospice's commitment to veterans is exemplified by our membership in the National Hospice Veterans Partnership (HVP) since its founding in 2012. HVP was founded by the National Hospice and Palliative Care Organization to promote greater understanding and development of more effective interventions for assisting veterans at the end of life. Four levels of expertise were initially developed. A fifth level has just recently been added. Programs that reach the fifth level are considered among the most dedicated and effective hospices that serve the veteran population. Stein has recently achieved the fifth level within HVP and cherish our service to veterans throughout our service area. Within this level, Stein will be rolling out additional services targeting ways to make the end of life easier for veterans and their families.

Veterans have always been there when our country needed them. Stein Hospice will be there for the veterans in our community when they need us.

With Love and Respect,

Jan)

Stein Volunteers Pay Respect to Veterans

It is a great honor for Stein volunteers to participate in ceremonies for veterans. These are just a few of the many stories of tributes throughout the year.



Longtime volunteer, Doris Quayle, sews on military patches to blankets. Each year, she sews approximately 500 patches onto these blankets. The blankets are then presented to members who served in the military, along with a pin and a certificate.

Our Veteran Volunteers, like Clyde Booze, assist with these presentations. Clyde visits fellow Veteran patients



Clyde Booze, Veteran Volunteer, honoring his classmate.

thanking them for their service and time spent in the military. At Stein Hospice, we understand and value the importance of camaraderie amongst our Veterans and that's why we are dedicated to growing our Veteran Volunteer team.

There are many volunteers dedicated to serving their compatriots at end of life, the following highlights just a few. Veteran Volunteers Ray Habart, Dick Mittendorf, Rick Bressler and Greg Hill feel their calling to visit Veteran patients. Sometimes they provide companionship by sitting, sharing good conversation, going for walks when able or watching TV together. Veteran Volunteers can relate to the Veteran patients on a level only they understand. Some of these volunteers are also members of our Vigil Team - a specialized team that focuses on being present with patients during their final hours of life.

During the month of November, Stein hosts an annual event, Wings for Warriors. Among those who attend, the Veterans are honored and recognized. Like all events, volunteers are a valuable asset to this event. They help with raffles, baked goods, and recognizing veterans present with a commemorative pin. Additionally, during November, Stein volunteers participate in several Veteran recognition ceremonies throughout the communities we serve. Volunteers are always motivated to participate.

Have you ever considered how you could give back to those who served? If you are a Veteran and would like to help other Veterans, or even if you are not a Veteran and want to give back to them, we encourage you to become a Stein Hospice Volunteer:

2020 LifeCourses Offered

January 27th – 30th 4:00pm – 7:30pm 181 E. Perry St. Tiffin, Ohio 44883

February 24th – 27th 4:00pm – 7:30pm Firelands South Campus – 3rd Floor 1912 Hayes Ave. Sandusky, OH 44870

Honoring



Veteran honored at Willows at Willard ceremony.



Huron County Senior Center Matt Redmond Veteran Service Huron County Executive Director pinning a lady who served our Country.



WHS student Landon Schaffer with Matt Raymond (Veteran - Marines), Director of the Huron County Veterans Service Office.



WHS student Caleb Walton presents Veteran Terry Henry Jr. (Navy) with his "mail call" bag. Students from Willard City Schools wrote letters for each of the veterans in attendance, presented them to each veteran during "mail call," reminiscent of their days in training and deployment.



Veteran honored at Fremont Senior Center



Veteran display at Clyde Gardens.



Makayla from Blossom and Mark Faust honor a Veteran

Our Veterans



John Preece, Air Force Veteran, pinning another Veteran.



Admirals Pointe Nate Mealy, Chief Legal Counsel, Ohio Department of Veterans Services, Lisa Hudon and her son.



Mrs. Gant 97 year old being honored for her sacrifice. She lost her husband and son in combat. Mrs Gant has been awarded the Gold Star for her families' sacrifice to our Country.



Danbury Senior Center Three WWII veterans and six Vietnam Veterans were honored.



Gibsonburg Senior Center A 97 years young WWII Veteran who handcarves crosses to share with everyone.



Genoa Senior Center Twin sisters being honored together for serving our country.



Elmore Senior Center WWII Veterans.



February 26, 2020, 1:00 pm - 2:30 pm

Erie County Office Building, 3rd Fl., 247 Columbus Ave, Sandusky Panel Discussion in Partnership with Serving our Seniors

Panelists: Crystal Meade, LISW, Long Term Care Supervisor,

Area Office on Aging; Rachel Berry, Stein Hospice;

Tina Elmlinger, Health Care Advocate Trainer, Serving Our Seniors;

Anthony Pool, Senior Advocate, Serving Our Seniors.

Fundraising Events

Wally & the Beavs Benefit Show January 11 – Barrel House Saloon

Mardis Gras Event

February 25 – Plum Brook Country Club

Tickets/registration for all events available online at steinhospice.org

"Nine for Stein" Bowling Event NEW

March 8 – Plaza Lanes 2641 E. State St., Fremont

JANUARY events

Songs with Stein 30's Era Music

Fremont Senior Center

Date: January 6th

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am Port Clinton Senior Center

Date: January 7th

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

Clyde Senior Center Date: January 8th

Location: 900 N. Woodland, Clyde OH

Time: 10:30am-11:30am

Oak Harbor Senior Center

Date: January 13th

Location: 8180 State Rt 163, Oak Harbor, OH

Time: 12:00pm-1:00pm

Huron County Senior Center

Date: January 14th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Elmore Senior Center

Date: January 16th

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm

View Point Apartments Date: January 22nd

Location: 215 E. Shoreline Drive, Sandusky, Ohio

Time: 2:00pm-3:00pm

Erie County Senior Center

Date: January 24th

Location: 620 E. Water Street, Sandusky, OH

12:00pm-1:00pm

Gibsonburg Senior Center

Date: January 27th

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30am-11:30am **Genoa Senior Center** Date: January 29th

Location: 514 Main Street Time: 12:00pm-1:00pm

Community Bingo

Date: January 28th

Location: 181 E. Perry Street, Tiffin OH

Time: 3:00pm-4:00pm.

Ageism

Erie County Senior Center

Date: January 10th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm Speaker: Katherine Hall

LifeCourse

Date: January 27th - 30th

Location: 181 E. Perry St., Tiffin, Ohio 44883

Time: 4:00pm - 7:30pm

FEBRUARY events

Songs with Stein 40's Era Music

Fremont Senior Center Date: February 3rd

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am

Elmore Senior Center Date: February 4th

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm

Oak Harbor Senior Center

Date: February 10th

Location: 8180 State Rt 163, Oak Harbor, OH

Time: 12:00pm-1:00pm

Huron County Senior Center

Date: February 11th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Clyde Senior Center Date: February 12th

Location: 900 N. Woodland Avenue, Clyde, OH

Time: 10:30am-11:30am

Port Clinton Senior Center

Date: February 13th

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

View Point Apartments

February 19th

Location: 215 E. Shoreline Drive, Sandusky, Ohio

Time: 2:00pm-3:00pm

Gibsonburg Senior Center

Date: February 24th

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30am-11:30am

Erie County Senior Center

Date: February 27th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm

Genoa Senior Center
Date: February 28th

Location: 514 Main Street Time: 12:00pm-1:00pm

Community Bingo

Date: February 25th

Location: 181 E. Perry Street, Tiffin OH

Time: 3:00pm-4:00pm

LifeCourse

Date: February 24th – 27th

Location: Firelands South Campus – 3rd Floor

1912 Hayes Ave., Sandusky, OH 44870

Time: 4:00pm – 7:30pm

MARCH events

Songs with Stein 50's Era Music

Fremont Senior Center

Date: March 2

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am

Oak Harbor Senior Center

Date: March 9th

Location: 8180 State Rt 163, Oak Harbor, OH

Time: 12:00pm-1:00pm

Huron County Senior Center

Date: March 10th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Clyde Senior Center

Date: March 11th

Location: 900 N. Woodland Avenue, Clyde, OH

Time: 10:30am-11:30am

Port Clinton Senior Center

Date: March 13th

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

View Point Apartments

Date: March 18th

Location: 215 E. Shoreline Drive, Sandusky, Ohio

Time: 2:00pm-3:00pm

Elmore Senior Center

Date: March 19th

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm

Genoa Senior Center

Date: March 25th

Times: 12:00pm-1:00pm

Gibsonburg Senior Center

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Date: March 30th

Location: 514 Main Street Time: 10:30am-11:30am

Erie County Senior Center

Date: March 27th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm

Community Bingo

Location: 181 E. Perry Street, Tiffin OH

Time: 3:00pm-4:00pm

Date: March 31st



Sandusky Office 1200 Sycamore Line Sandusky, Ohio 44870

ph. 419-625-5269 fax 419-625-5761

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BEREAVEMENT SUPPORT GROUPS:

All groups are free and available to anyone in the community regardless of previous or current involvement with Stein Hospice. Many groups are held in multiple locations throughout the year and as needed. Stein Hospice Bereavement Department also holds Annual Memorial Services in the spring to honor those who died in the previous year and Annual Hope for the Holidays programs in the fall to aide in coping with the holidays when grieving. To register for any groups, events or for further information, please contact the Bereavement Care Liaison at 419-625-5269 or 1-800-625-5269.

ADULT SUPPORT GROUPS:

Serenity Seekers is for the loss of any adult loved one. Meets once a week for 6 weeks throughout the year.

Healing Hearts is an ongoing monthly group for graduates of Serenity Seekers group.

A New Dawn is for adult survivors of separation/ divorce. Meets once a week for 6 weeks.

With the Guys is for men who have lost a loved one. Meets once a week for 6 weeks.

Rains End is for adults who have lost a loved one through suicide. Meets once a week for 6 weeks.

Clear Skies is an ongoing monthly group for graduates of Rain's End group.

M.I.S.S. You is for men and women who are grieving a pregnancy loss and infant death. Meets once a week for 6 weeks.

Tiffin Grief Support Group is for anyone that has suffered the loss of an adult loved one and meets monthly.

ADULT BEREAVEMENT SOCIAL GROUPS:

Bunch for Lunch meets at 12pm the 1st Monday of every month at Stein Hospice Sandusky office. This is a potluck, please bring a side dish or dessert, Stein provides the main course.

Huggers and Munchers meets at 5pm the 2nd

Tuesday of every month at various restaurants.

Sandusky Yacht Club meets at 12pm the 3rd Weds of every month.

Norwalk Healing Hearts Lunch Bunch meets at 12pm the 1st Weds of every month at a restaurant in Norwalk.

Port Clinton Healing Hearts Lunch Bunch meets at 12pm the 2nd Weds of every month at a restaurant in Port Clinton.

Tiffin Lunch with Friends meets at 12pm the 4th Thursday of every month at the Community Hospice Care by Stein office.

CHILDREN AND ADOLESCENT SUPPORT GROUPS:

Recovery Riders is a group for children ages 6-12 who have lost a loved one through death.

RUOK is a group for adolescents ages 13-18 who have lost a loved one through death.

Tough Cookies is a group for children ages 6-12 who have had any type of loss outside of death.

Next Step is a group for adolescents who have had any type of loss outside of death.

Club USA is a groups for children and adolescents who have a loved one deployed in the military.

Camp Good Grief is a week long day summer camp for children and adolescents age 5-13 who have experienced any type of loss.