



Jan Bucholz,
Chief Executive Officer

Message from Chief Executive Officer

COVID 19 has thrown the entire world into territory few of us have explored before. Needless to say, Stein Hospice is in with the entire health care community in the delivery of care – hoping for the best – preparing for the worst. To that end, Stein has taken the following precautions:

- All staff are screened daily for fever or signs of respiratory illness. If any symptoms are present, staff are sent home and asked to seek medical advice.
- Routine in-person meetings and groups are canceled. Conferencing in on the telephone is taking the place of those meetings and some visits to patients.
- Cleaning of the Stein Hospice Care Center and all Stein offices has been ramped up. Disinfecting of common areas including door knobs and surfaces not normally receiving intense attention will be cleaned daily – or multiple times in a day.
- Stein Hospice Care Center visitors are also screened and ever-changing restrictions are imposed. Please call 419-558-4164 prior to visiting for the latest information.

- Stein Hospice Emergency task force meets daily to review and determine the impact of new information from the Ohio Department of Health, CDC and our community partner facilities. Stein will continue to adhere to procedural changes and mandated restrictions.

In this trying time, our priority remains on our mission and providing the excellent care we have always delivered. For each of you, our community members, supporters, staff and volunteers, please take care of yourselves. Drink fluids, stay home, maintain a 6 – 10 foot personal distance, elbow bump rather than handshake or hug.

We are a tough community. We'll get through it and learn a great deal about ourselves and how to help others in the process.

With Love and Respect,

A handwritten signature in cursive script, appearing to read "Jan", written in dark ink.

STEIN PHYSICIANS

James Preston, DO – Medical Director
Reagan Bristol, DO
Nancy Cloak, MD
Edward Radatz, DO
Larry Robinson, DO

SENIOR MANAGEMENT

Jan Bucholz, MBA, MSN, RN, CHC, Chief Executive Officer
Tamara Zuillhof, Chief Operating Officer
Barb Metcalf, BSN, Chief Compliance Officer
Jane Bruck, Finance Director
Allison Burroughs, SHRM-CP, PHR, Human Resources Director
Samantha Bechtel, MSSA, LISW-S, ACHP-SW, GC-C,
Chief Clinical Support Officer
Beth Frank, MBA, BSN, CPHQ, Quality and Education Director
Michael Marsh, RN, Director of Nursing

STEIN HOSPICE

Mission Statement: To provide comfort, compassion and support during life's final journey.

LOCATIONS

Administrative Office Sandusky

1200 Sycamore Line
Sandusky, Ohio 44870
419-625-5269
1-800-625-5269

Norwalk

49C Benedict Ave.
Norwalk, Ohio 44857
419-663-3222

Port Clinton

1848 E. Harbor Road
Port Clinton, Ohio 43452
419-732-1787

Stein Hospice Care Center Firelands Regional Medical Center South Campus

1912 Hayes Ave., 3rd Floor
Sandusky, Ohio
419-558-4164
1-866-230-7597

Tiffin

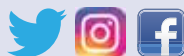
181 E. Perry St.
Tiffin, Ohio 44883
419-447-4040

EMAIL

Volunteer info: volunteers@steinhospice.org
Donor/event info: development@steinhospice.org
Referrals/questions: referralcenter@steinhospice.org
All other inquiries: steinhospice@steinhospice.org

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Please Note...

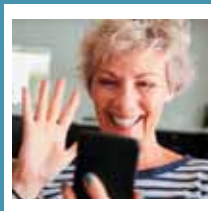
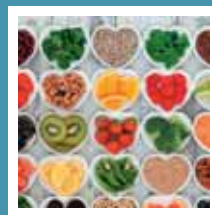
All events listed in this issue of our newsletter may change due to COVID-19. Please visit our Facebook page for the most recent updates.

GO GREEN

Help Stein Hospice save money and care for the environment by receiving "In Touch" electronically. Just send an email to newsletter@steinhospice.org and include both your email and mailing address. We will not distribute your email address or use it for any other purpose. "In Touch" is published quarterly and is also available online at www.steinhospice.org.

WAYS TO COPE WITH STRONG FEELINGS RELATED TO COVID-19

Guess what each icon means.



Answers can be found at:

<https://www.steinhospice.org/wp-content/uploads/2020/03/Ways-to-Cope-with-Strong-Feelings-Related-to-Covid-19.pdf>



TALKING TO CHILDREN ABOUT COVID-19

- REMAIN CALM & REASSURING
- MAKE YOURSELF AVAILABLE
- AVOID EXCESS BLAMING
- MONITOR TELEVISION VIEWING & SOCIAL MEDIA
- MAINTAIN A NORMAL ROUTINE TO THE EXTENT POSSIBLE
- BE HONEST AND ACCURATE
- KEEP EXPLANATIONS AGE APPROPRIATE

MORE INFORMATION CAN BE FOUND AT THE BELOW LINK:

[HTTPS://WWW.STEINHOSPICE.ORG/WP-CONTENT/UPLOADS/2020/03/TALKING-TO-KIDS-ABOUT-COVID-19-NASW.PDF](https://www.steinhospice.org/wp-content/uploads/2020/03/TALKING-TO-KIDS-ABOUT-COVID-19-NASW.PDF)

Camp Good Grief

HURON

June 8-12, 2020

Mon – Fri, 10am – 2pm
Osborn Park Shelter #2,
3910 Perkins Ave.
Huron, OH 44839

ELYRIA

June 22-26, 2020

Mon – Fri, 10am – 2pm
West Park, Shelter # 6,
1201 Lowell St.
Elyria, OH 44035

PORT CLINTON

July 6-10, 2020

Mon – Fri, 10am – 2pm
Lakeview Park
1100 E. Perry St.
Port Clinton, OH 43452

NORWALK

July 20-24, 2020

Mon – Fri, 10am – 2pm
Veteran's Memorial Lake Park, Shelter # 1,
205 S. Old State Rd.
Norwalk, OH 44857

TIFFIN

August 3-7, 2020

Mon – Fri, 10am – 2pm
Hedges Boyer Park
491 Coe St.
Tiffin, OH 44883



Campers design and fill "memory boxes" with pictures and mementos that remind them of those they have lost. Sharing these memory boxes is a therapeutic and special moment for all.



Stein Hospice's Paws Up Team brings smiles and comfort to Camp Good Grief campers.



Vermilion's Rock N T Ranch brought baby goats to share with the children. Animal assisted therapy offers countless benefits including stress reduction and self-esteem building. The baby goats were a total hit with the campers.

Campers learn about changes and life cycles. Art is an important means of expression for children.



Yoga teaches campers to be in the present moment while relaxing and gaining a peaceful state of mind.



Two sisters take a moment to reflect in the middle of the labyrinth. "We felt close to our uncle" during this experience, they stated.



Therapeutic art interventions allow campers to creatively express some of their feelings that lie under the surface. This camper uses colors and designs to represent some of her feelings of grief, that she often hides "behind a mask".



Campers are each allowed a few moments to share a secret or thought with a furry friend. They won't tell!



On the last day of Camp Good Grief, parents and families join us to celebrate a wonderful week of healing.



Helping Families Cope with Coronavirus

A Parent/Caregiver Guide

In the event of an outbreak, in your community, as a parent/caregiver your first concern is about how to protect and take care of your children and family. This resource will help you think about how an infectious disease outbreak might affect your family - both physically and emotionally - and what you can do to help your family cope.

<https://www.steinhospice.org/wp-content/uploads/2020/03/Parent-Caregiver-Guide.pdf>



Evelyn Daniel Lucky Ten Raffle
Monthly (January-October)

Upcoming Events



Chick Schaffner Memorial Charity Golf Outing
Catawba, June 22



Pirate 5K Run/Walk
Put-in-Bay, June 28



Race in the Bay/Stein Hospice Cup
Sandusky, July 11



Sporting Clay Shoot
Clyde, July 12



Stein Hospice Charity Golf Classic
Norwalk, August 26

For more information or to register visit steinhospice.org

APRIL events

Songs with Stein 50's Era Music

Viewpoint Apartments

Date: April 15th

Location: 215 E. Shoreline Drive, Sandusky, OH

Time: 2:00pm-3:00pm.

Elmore Senior Center

Date: April 16th

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm.

Genoa Senior Center

Date: April 22nd

Location: 514 Main Street, Genoa, OH

Time: 12:00pm-1:00pm

Erie County Senior Center

Date: April 24th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm

Gibsonburg Senior Center Music

Date: April 27th

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30am-11:30am

Harborview Apartments

Date: April 29th

Location: 115 Franklin Street, Sandusky, OH

Time: 2:00pm-3:00pm

Songs with Stein 60's Era Music



Fremont Senior Center

Date: April 6th

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am.

Oak Harbor Senior Center

Date: April 6th

Location: 8180 State RT. 163, Oak Harbor, OH

Time: 12:00pm-1:00pm.

Clyde Senior Center

Date: April 8th

Location: 900 N. Woodland Avenue, Clyde, OH

Time: 10:30am-11:30am.

Port Clinton Senior Center

Date: April 9th

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

Huron County Senior Center

Date: April 14th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Danbury Senior Center

Date: April 14th

Location: 8470 E. Harbor Road, Marblehead, OH

Time: 5:00pm-6:00pm

Willard Senior Center

Date: April 21st

Location: 315 E. Tiffin Street, Willard, OH

Time: 11:45am-12:45pm

Community Bingo



Date: April 28th

Location: 181 E. Perry Street, Tiffin, OH

Time: 3:00pm-4:00pm

National Healthcare Decisions Day

National Healthcare Decisions Day April 16th is to inspire, educate and empower the public and providers about the importance of Advance Care Planning.

MAY events

Songs with Stein 60's Era Music



Harborview Apartments

Date: May 13th

Location: 115 Franklin Street, Sandusky, OH

Time: 2:00pm-3:00pm

Elmore Senior Center

Date: May 14th

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm

Erie County Senior Center

Date: May 15th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm

Gibsonburg Senior Center

Date: May 18th

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30am-11:30am

Viewpoint Apartments

Date: May 20th

Location: 215 E. Shoreline Drive, Sandusky, OH

Time: 2:00pm-3:00pm

Genoa Senior Center

Date: May 29th

Location: 514 Main Street, Genoa, OH

Time: 12:00pm-1:00pm.

Trivia Tuesday

Port Clinton Senior Center

Date: May 26th

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

Huron County Senior Center

Date: May 12th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Willard Senior Center

Date: May 19th

Location: 315 E. Tiffin Street, Willard, OH

Time: 11:45am-12:45pm

Memories from the Heart (Journaling)

Fremont Senior Center

Date: May 4th

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am

Clyde Senior Center

Date: May 13th

Location: 900 Woodland Avenue, Clyde, OH

Time: 10:30am-11:30am.

Celebrate Mother's Day



Oak Harbor Senior Center

Date: May 11th

Location: 8180 State Rt. 163, Oak Harbor, OH

Time: 12:00pm-1:00pm

Danbury Senior Center

Date: May 12th

Location: 8470 E. Harbor Road, Marblehead, OH

Time: 5:00pm-6:00pm

Community Bingo

Date: May 26th

Location: 181 E. Perry Street, Tiffin, OH

Time: 3:00pm-4:00pm.

Veteran Presentation

St. Francis Home

Date: May 28th

Location: 182 St Francis Avenue, Tiffin, OH

Time: 11:00am Lunch served at 11:30am.



JUNE events

Songs with Stein 50's and 60's Era Music

Put-N-Bay Senior Center

Date: June 26th

Location: 195 Concord Ave, Put-N-Bay, OH

Time: 10:00am-11:00am

Songs with Stein 70's Era Music

Erie County Senior Center

Date: June 19th

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00pm-1:00pm

Celebrate Summer with Root Beer Floats



Port Clinton Senior Center

Date: June 2nd

Location: 320 E. 3rd Street, Port Clinton, OH

Time: 12:00pm-1:00pm

Oak Harbor Senior Center

Date: June 8th

Location: 8180 State Rt. 163, Oak Harbor, OH

Time: 12:00pm-1:00pm

Genoa Senior Center

Date: June 12th

Location: 514 Main Street, Genoa, OH

Time: 12:00pm-1:00pm

Viewpoint Apartments

Date: June 17th

Location: 215 E. Shoreline Drive, Sandusky, OH

Time: 2:00pm-3:00pm

Elmore Senior Center

Date: June 23rd

Location: 19225 Witty Road, Elmore, OH

Time: 12:00pm-1:00pm

Gibsonburg Senior Center

Date: June 29th

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30am-11:30am

Harborview Apartments

Date: June 24th

Location: 115 Franklin Street, Sandusky, OH

Time: 2:00pm-3:00pm

Celebrate Summer Sundae Bar

Clyde Senior Center

Date: June 10th

Location: 900 N. Woodland Avenue, Clyde, OH

Time: 10:30am-11:30am

Tuesday's Games

Huron County Senior Center

Date: June 9th

Location: 130 Shady Lane Drive, Norwalk, OH

Time: 11:30am-12:30pm

Willard Senior Center

Date: June 16th

Location: 315 E. Tiffin Street, Willard, OH

Time: 11:45am-12:45pm

Celebrate Baseball

Danbury Senior Center

Date: June 9th

Location: 8470 E. Harbor Road, Marblehead, OH

Time: 5:00pm-6:00pm

Memories from the Heart (Journaling)

Fremont Senior Center

Date: June 1st

Location: 1101 Castalia Street, Fremont, OH

Time: 10:30am-11:30am

Emotional Wellness Panel Discussion

Lakeside Chautauqua

Date: June 25th

Location: Wellness Center E. 6th Street, Lakeside, OH

Time: 3:30pm-4:30pm

Speaker: Gretchen Franklin

Community Bingo



Date: June 30th

Location: 181 E. Perry Street, Tiffin, OH

Time: 3:00pm-4:00pm



Sandusky Office
1200 Sycamore Line
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BEREAVEMENT SUPPORT GROUPS:

All groups are free and available to anyone in the community regardless of previous or current involvement with Stein Hospice. Many groups are held in multiple locations throughout the year and as needed. Stein Hospice Bereavement Department also holds Annual Memorial Services in the spring to honor those who died in the previous year and Annual Hope for the Holidays programs in the fall to aide in coping with the holidays when grieving. To register for any groups, events or for further information, please contact the Bereavement Care Liaison at 419-625-5269 or 1-800-625-5269.

ADULT SUPPORT GROUPS:

Serenity Seekers is for the loss of any adult loved one. Meets once a week for 6 weeks throughout the year.

Healing Hearts is an ongoing monthly group for graduates of Serenity Seekers group.

A New Dawn is for adult survivors of separation/divorce. Meets once a week for 6 weeks.

With the Guys is for men who have lost a loved one. Meets once a week for 6 weeks.

Rain's End is for adults who have lost a loved one through suicide. Meets once a week for 6 weeks.

Clear Skies is an ongoing monthly group for graduates of Rain's End group.

M.I.S.S. You is for men and women who are grieving a pregnancy loss and infant death. Meets once a week for 6 weeks.

Tiffin Grief Support Group is for anyone that has suffered the loss of an adult loved one and meets monthly.

ADULT BEREAVEMENT SOCIAL GROUPS:

Bunch for Lunch meets at 12pm the 1st Monday of every month at Stein Hospice Sandusky office. This is a potluck, please bring a side dish or dessert, Stein provides the main course.

Huggers and Munchers meets at 5pm the 2nd Tuesday of every month at various restaurants.

Sandusky Yacht Club meets at 12pm the 3rd Weds of every month.

Norwalk Healing Hearts Lunch Bunch meets at 12pm the 1st Weds of every month at a restaurant in Norwalk.

Port Clinton Healing Hearts Lunch Bunch meets at 12pm the 2nd Weds of every month at a restaurant in Port Clinton.

Tiffin Lunch with Friends meets at 12pm the 4th Thursday of every month at the Community Hospice Care by Stein office.

CHILDREN AND ADOLESCENT SUPPORT GROUPS:

Recovery Riders is a group for children ages 6-12 who have lost a loved one through death.

RUOK is a group for adolescents ages 13-18 who have lost a loved one through death.

Tough Cookies is a group for children ages 6-12 who have had any type of loss outside of death.

Next Step is a group for adolescents who have had any type of loss outside of death.

Club USA is a group for children and adolescents who have a loved one deployed in the military.

Camp Good Grief is a week long day summer camp for children and adolescents age 5-13 who have experienced any type of loss.