

Stein Hospice commitment to honor those who have served our Country came with challenges this year. Partnering with our local nursing facilities, we were able to have families watch their loved ones being honored. Our Virtual presentations were televised throughout the facility for all to see and available on a private link for family members.

Stein Hospice worked with our local Veteran Service offices and Senior Centers within the communities we serve to show appreciation to Veterans and their families. Our commitment to our Veterans and their families for their selfless sacrifice and freedom for all only grew stronger. Many thanks to all who have given so much to our great nation.



**STEIN PHYSICIANS**

Larry Robinson, DO – Acting Medical Director  
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Reagan Bristol, DO  
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Edward Radatz, DO  
Larry Robinson, DO

**SENIOR MANAGEMENT**

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Tamara Zuilhof, Chief Operating Officer  
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Tina Szatala, MSN, RN, Chief Compliance, Quality and Education Officer  
Michael Marsh, RN, Director of Nursing  
Barb Metcalf, BSN, Senior Quality Compliance Specialist

**STEIN HOSPICE**

*Mission Statement: To provide comfort, compassion and support during life's final journey.*

**LOCATIONS**

**Administrative Office**  
**Sandusky**  
1200 Sycamore Line  
Sandusky, Ohio 44870  
419-625-5269  
1-800-625-5269

**Norwalk**  
49C Benedict Ave.  
Norwalk, Ohio 44857  
419-663-3222

**Port Clinton**  
1848 E. Harbor Road  
Port Clinton, Ohio 43452  
419-732-1787

**Stein Hospice Care Center**  
**Firelands Regional Medical Center South Campus**  
1912 Hayes Ave., 3rd Floor  
Sandusky, Ohio  
419-558-4164  
1-866-230-7597

**Tiffin**  
181 E. Perry St.  
Tiffin, Ohio 44883  
419-447-4040

**EMAIL**

**Volunteer info:** volunteers@steinhospice.org  
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**Referrals/questions:** referralcenter@steinhospice.org  
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[www.steinhospice.org](http://www.steinhospice.org)

**Please Note...**

All events listed in this issue of our newsletter may change due to COVID-19. Please visit our Facebook page for the most recent updates.

**GO GREEN**

Help Stein Hospice save money and care for the environment by receiving "In Touch" electronically. Just send an email to newsletter@steinhospice.org and include both your email and mailing address. We will not distribute your email address or use it for any other purpose. "In Touch" is published quarterly and is also available online at www.steinhospice.org.



Jan Bucholz, Chief Executive Officer

**Message from Chief Executive Officer**

Stein Hospice traditionally reserves the first newsletter of the year to remember and honor the men and women who have served our country and to whom we owe our freedom. Words cannot thank these brave veterans enough for their service and sacrifice. The only way we know is to dedicate ourselves to cherishing the hard won liberty they fought so hard to preserve and to take each opportunity to let them know we thank them, honor them and remember them in our hearts every day.

Stein has utilized the Hospice Veterans Partnership (HVP) as a vehicle to guide us in providing practical and ritual services that benefit the proud veterans in our area. The COVID -19 pandemic has created special challenges to the programs we offer each November, but our team led by Sherri Bourne and Mark Faust with the assistance of Deb Schaffer, Mel Sayler and



multiple volunteers who found a virtual way to work with area nursing facilities, community and senior centers to offer special tribute to these men and women. Surprisingly, we learned this virtual program offered family members of veterans the opportunity to participate in a way that has not been available in the past. This supports the supposition that adversity can often create new opportunities that we would not have otherwise explored. This November, Stein worked collaboratively with multiple groups to honor 377 veterans during 21 ceremonies throughout our service area. Three of these ceremonies were in conjunction with the Senior Centers of Erie, Ottawa and Seneca Counties which honored 126 veterans.

As we reflect on holidays recently past and start a new year, Stein will continue its mission which includes the commitment to serve those who have done so much to serve our country and each of us. To each veteran and service member: Thank you for what you have done for us – what you are doing for us. You are here for us and we will be here for you.

With Love and Respect,



Sharing the journey since 1981

# MENU FOR MORE



We are excited to introduce *MENU FOR MORE* virtual cooking series.

*MENU FOR MORE* is a fun and interesting diversion to tune into via Facebook. Monthly, we will post a cooking video offering a new recipe that you can try out from the comfort of your own home. We don't expect you to cook live with us; we will share the recipes in the comments of each video, as well as on the Stein Hospice website.

You might be asking yourself, "for MORE" what? *MENU FOR MORE* is designed to bring you information about how Stein Hospice staff does MORE every day for our patients and their loved ones. Accompanying each recipe there will be information about a different program, service or need at Stein Hospice, often presented by the staff members who provide the services. Viewers will be given the opportunity to connect with all of Stein Hospice and better understand what we offer to the communities we serve.

We encourage you to make our *MENU FOR MORE* recipes on your own or with your family/friends. When you do, please post a picture and tag Stein Hospice. We want to see your creations and how you might tweak each recipe to your own liking. If you choose, you can also share your experience with Stein Hospice on any of our social media platforms.

If you don't have Facebook, not a problem, videos will be available via YouTube as well. Simply send Shelby Brossia an email requesting to be on the *MENU FOR MORE* email list – [sbrossia@steinhospice.org](mailto:sbrossia@steinhospice.org) or text at 419.202.2036. When the new video posts to Facebook, you will get the link to watch it via YouTube instead.

We can't wait for you to see what we have in store!



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## BEREAVEMENT SUPPORT GROUPS:

All groups are free and available to anyone in the community regardless of previous or current involvement with Stein Hospice. Many groups are held in multiple locations throughout the year and as needed. Stein Hospice Bereavement Department also holds Annual Memorial Services in the spring to honor those who died in the previous year and Annual Hope for the Holidays programs in the fall to aide in coping with the holidays when grieving. To register for any groups, events or for further information, please contact the Bereavement Care Liaison at 419-625-5269 or 1-800-625-5269.

### ADULT SUPPORT GROUPS:

**Serenity Seekers** is for the loss of any adult loved one. Meets once a week for 6 weeks throughout the year.

**Healing Hearts** is an ongoing monthly group for graduates of Serenity Seekers group.

**A New Dawn** is for adult survivors of separation/divorce. Meets once a week for 6 weeks.

**With the Guys** is for men who have lost a loved one. Meets once a week for 6 weeks.

**Rain's End** is for adults who have lost a loved one through suicide. Meets once a week for 6 weeks.

**Clear Skies** is an ongoing monthly group for graduates of Rain's End group.

**M.I.S.S. You** is for men and women who are grieving a pregnancy loss and infant death. Meets once a week for 6 weeks.

**Tiffin Grief Support Group** is for anyone that has suffered the loss of an adult loved one and meets monthly.

### ADULT BEREAVEMENT SOCIAL GROUPS:

**Bunch for Lunch** meets at 12pm the 1st Monday of every month at Stein Hospice Sandusky office. This is a potluck, please bring a side dish or dessert, Stein provides the main course.

**Huggers and Munchers** meets at 5pm the 2nd Tuesday of every month at various restaurants.

**Sandusky Yacht Club** meets at 12pm the 3rd Weds of every month.

**Norwalk Healing Hearts Lunch Bunch** meets at 12pm the 1st Weds of every month at a restaurant in Norwalk.

**Port Clinton Healing Hearts Lunch Bunch** meets at 12pm the 2nd Weds of every month at a restaurant in Port Clinton.

**Tiffin Lunch with Friends** meets at 12pm the 4th Thursday of every month at the Community Hospice Care by Stein office.

### CHILDREN AND ADOLESCENT SUPPORT GROUPS:

**Recovery Riders** is a group for children ages 6-12 who have lost a loved one through death.

**RUOK** is a group for adolescents ages 13-18 who have lost a loved one through death.

**Tough Cookies** is a group for children ages 6-12 who have had any type of loss outside of death.

**Next Step** is a group for adolescents who have had any type of loss outside of death.

**Club USA** is a group for children and adolescents who have a loved one deployed in the military.

**Camp Good Grief** is a week long day summer camp for children and adolescents age 5-13 who have experienced any type of loss.