



A HOSPICE OF THE WESTERN RESERVE AFFILIATE

Sharing the journey since 1981

In Touch

July-September 2022



Help is Available at Home for Those Living with an Advanced Illness

It can be tricky managing health, especially when coping with ongoing symptoms from advanced heart disease, cancer or another serious diagnosis. The good news is that quality services from trained professionals are available to help adults remain comfortable and independent at home. Support services that manage troubling symptoms and help reduce or eliminate trips to the ER can be provided in private residences, assisted living communities and nursing homes through the Stein Navigator program. The non-hospice palliative care program provides comfort care to manage pain, shortness of breath and many other debilitating symptoms of serious illness.

Stein Navigator complements the medical care an individual is already receiving. Those who are enrolled can receive palliative (comfort) care to manage pain and other troublesome symptoms while continuing to receive the curative care and treatments prescribed by their own family doctor. They can remain in the program indefinitely, as long as needed. The Navigator care team collaborates with family doctors to keep individuals comfortable and out of the hospital. The Navigator team is comprised of a social worker, an advanced practice nurse, a coordinator of volunteers and specially trained volunteers.

"Our focus is on improving a person's quality of life," explained Jennifer Martnick, nurse practitioner and palliative care team leader for our parent corporation, Hospice of the Western Reserve. "One of our patients, for example, had several serious illnesses and was supported by WRN for eight years. "We were able to help her maintain

her independence and achieve a dramatically improved quality of life by successfully managing her symptoms in her own home. In fact, she even wrote a book during that time, something she had always wanted to do! As her illnesses progressed and her life expectancy became more limited, she was able to make a seamless transition into our hospice program, where she is now receiving care."

Stein Navigator provides many supportive services, including:

- Managing medication
- Coordinating care with the individual's doctor; managing symptoms
- 24/7 telephone nurse access
- Assistance with identification of community resources
- Assistance with advanced directives, goals of care discussions

What does it cost?

There is no fee charged to the patient for the social worker and volunteer services. If medical services are needed, such as a visit from the advanced practice nurse, the individual's insurance will be billed. Stein Hospice Navigator accepts Medicare, Medicaid and most other commercial insurances. During the first visit and assessment, the team will discuss the patient's particular insurance and any co-payments there might be for medical services. If financial assistance is needed, a Stein Hospice Navigator financial counselor will help create an affordable plan.

For more information about Stein Navigator, call us at 866-602-1734.

2022 STEIN HOSPICE BOARD OF DIRECTORS

| | |
|-----------------------|------------|
| William Herzberger | Chair |
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| Laura Navin | Secretary |
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STEIN HOSPICE

Mission Statement: To provide comfort, compassion and support during life's final journey.

LOCATIONS

Administrative Office Sandusky

1200 Sycamore Line
Sandusky, Ohio 44870
419-625-5269
1-800-625-5269

Stein Hospice Care Center
Firelands Regional Medical Center South Campus
1912 Hayes Ave., 3rd Floor
Sandusky, Ohio
419-558-4164
1-866-230-7597

Norwalk

461 Milan Avenue
Suite 6B
Norwalk, Ohio 44857
419-663-3222

Port Clinton

1848 E. Harbor Road
Port Clinton, Ohio 43452
419-732-1787

Tiffin

181 E. Perry St.
Tiffin, Ohio 44883
419-447-4040

EMAIL

Volunteer info: volunteers@steinhospice.org

Donor/event info: development@steinhospice.org

Referrals/questions: referralcenter@steinhospice.org

All other inquiries: steinhospice@steinhospice.org

IN TOUCH IS PUBLISHED BY:

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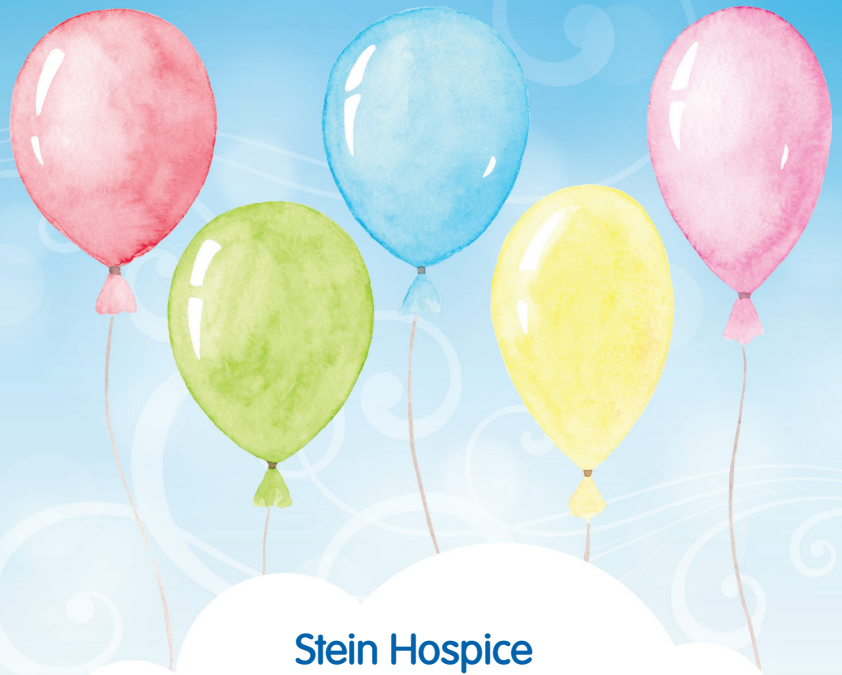
www.steinhospice.org

Please Note...

All events listed in this issue of our newsletter may change due to COVID-19. Please visit our Facebook page for the most recent updates.

GO GREEN

Help Stein Hospice save money and care for the environment by receiving "In Touch" electronically. Just send an email to newsletter@steinhospice.org and include both your email and mailing address. We will not distribute your email address or use it for any other purpose. "In Touch" is published quarterly and is also available online at www.steinhospice.org.



Stein Hospice Camp Good Grief 2022

Camp Good Grief is a week-long day camp for children ages 5-13 who have experienced a loss. It was established to give children the opportunity to begin the process of moving forward in their lives in the absence of their loss. It also provides an opportunity for children to express their feelings in a safe setting with staff, trained volunteers and other grieving children. The types of loss can include: death of a loved one, divorce/separation from parents temporarily or permanently, parents who are deployed in the military, loss of a pet, etc. Each day of camp has a theme and we have a sharing circle, guest presenters, and therapeutic activities that go with each theme. The themes are grief and loss, feelings, coping skills, self-esteem and healing. Activities that the children might participate in at camp include: animal therapy, therapeutic art activities, dance, games, a labyrinth walk, guided imagery, yoga, and Zumba. The campers receive a hot lunch, plenty of cold water, and snacks every day at camp. On the last day of camp we have a graduation ceremony and a commemoration ceremony to honor all of the campers' losses.

We have two different week-long camps in July in two different locations. **The Port Clinton Camp Good Grief** is scheduled for July 11-15, 2022 from 10 am – 2pm at Lakeview Park. **The Norwalk camp** is the week of July 25-29 from 10 am – 2pm at Veteran's Memorial Park. You can register for camp online, on our website: www.steinhospice.org. You can also call Kathy Failor at (419) 625-5269 to request a paper copy be sent to you. Donations are always welcome to help buy supplies and help pay for the hot lunches we provide every day of camp.





STEIN HOSPICE
"AN EVENING IN THE ØRCHARD"

Vineyard
Party

THURSDAY, SEPTEMBER 15, 2022
6:30–8:30 PM

\$100/PER PERSON

ØRCHARD VINTNERS PAVILION
3350 NE CATAWBA ROAD, PORT CLINTON

WINE & FULL BAR | CHARCUTERIE
WOOD-FIRED PIZZA | FARM STAND FOODS
LIVE AUCTION

PLEASE RSVP BY SEPTEMBER 8:
at SteinHospice.org or call 419-625-5269

Fundraising Events



STEIN HOSPICE CUP – RACE IN THE BAY

Date: Saturday, July 9, 2022

Location: Harbor Bay Yacht Club, Sandusky, OH

Registration: www.harborbayyachtclub.org

Tee Shirt Sale: www.steinhospice.org

16TH ANNUAL STEIN HOSPICE SPORTING CLAY SHOOT

All proceeds targeted for Stein Hospice.

Date: Sunday, July 10, 2022

Location: W.R. Hunt Club, Clyde, OH

Price: Individual Shooter \$85 OR \$320/team between
May 1 – July 5 (Day of Event Team Registration \$340)

Shooter Times every 15 minutes between 8am – 2pm

Registration: www.steinhospice.org

STEIN HOSPICE CHARITY GOLF CLASSIC

Date: Wednesday, August 24, 2022

Location: Eagle Creek Golf Course, Norwalk, OH

Price: \$200 per player OR \$800 per foursome

Fee Includes: Green Fees, Cart Rental, Food on
Course and Tee Gift

Tee Time Format: every 9 minutes from
9:03am – 2:18pm

Registration: www.steinhospice.org



EVENING IN THE ORCHARD

SAVE THE DATE!

Date: Thursday, September 15, 2022

Location: Orchard Bar & Table – Catawba, OH

FESTIVAL OF TREES

Date: Friday, November, 18, 2022

Location: Elizabeth Schaefer Auditorium
(190 St. Francis Ave, Tiffin, OH)

Price: \$40 per ticket

Doors Open: 5:30pm

Event Begins: 6:00pm

Tickets available: www.steinhospice.org

Please stay up to date on upcoming events on our website or on Facebook, Instagram or Twitter!
Additional Details and Event Registration available at: www.steinhospice.org/category/events/

We love
OUR
Volunteers

Volunteer OPPORTUNITIES

Have you ever considered becoming a volunteer? We have several volunteer opportunities available - from Clinical to Non-Clinical services, including our Encore Resale Marketplace.

To learn more on how to become a volunteer, visit the "Volunteer" tab on our website at www.steinhospice.org

July Events



Danbury Senior Center

Summer Picnic

Date: Friday, July 1

Location: 8470 E. Harbor Road, Marblehead, OH

Time: 12:00-1:00pm

Genoa Senior Center

Summer Time Celebration

Date: Wednesday, July 6

Location: 514 Main Street, Genoa, OH

Time: 12:00-1:00pm

Port Clinton Senior Center

Red, White and Blue Bingo

Date: Thursday, July 7

Location: 320 E. Third Street, Port Clinton, OH

Time: 11:30am-12:30pm

Elmore Senior Center

Summer Time Trivia

Date: Thursday, July 14

Location: 19225 Witty Road, Elmore, OH

Time: 12:00-1:00pm

Covenant Harbor

Nature's First Aid Kit

Speaker Gretchen Franklin

Date: Friday, July 15

Location: 234 Finke Road, Oak Harbor, OH

Time: 12:00-1:00pm

Sandusky County Senior Center

Summer Time Bingo

Date: Tuesday, July 19

Location: 1101 Castalia Street, Fremont, OH

Time: 12:00-1:00pm

Ottawa County Fair

Senior Day

Date: Wednesday, July 20

Location: 7870 OH-163, Oak Harbor, OH

Time: 10:00am-2:00pm



Erie County Senior Center

Ice Cream Social

Date: Friday, July 22

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00-1:00pm



Gibsonburg Senior Center

Share your Baby Pictures

Date: Tuesday, July 26

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30-11:30am

August Events



Sandusky County Senior Center

Hospice Care Benefits

Date: Tuesday, August 16

Location: 1101 Castalia Street, Fremont, OH

Time: 12:00-1:00pm

Genoa Senior Center

Hospice Care Benefits

Date: Wednesday, August 17

Location: 514 Main Street, Genoa, OH

Time: 12:00-1:00pm



Hawaiian Luau

Date: Friday, August 19

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00-1:00pm



Covenant Harbor

Summer Time Bingo

Date: Tuesday, August 10

Location: 234 Finke Road, Oak Harbor, OH

Time: 12:00-1:00pm

Elmore Senior Center

Hospice Care Benefits

Date: Thursday, August 11

Location: 19225 Witty Road, Elmore, OH

Time: 12:00-1:00pm



Introduction to Journaling

Date: Tuesday, August 30

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30-11:30am

Summer Bingo

Date: Friday, August 12

Location: 320 E. Third Street, Port Clinton, OH

Time: 11:30am-12:30pm

September Events



Danbury Senior Center

Nature's First Aid Kit/Essential Oils

Speaker Gretchen Franklin

Date: Friday, September 2

Location: 8470 E. Harbor Road, Marblehead, OH

Time: 12:00-1:00pm

Genoa Senior Center

Nature's First Aid Kit

Speaker Gretchen Franklin

Date: Friday, September 9

Location: 514 Main Street, Genoa, OH

Time: 12:00-1:00pm

Sandusky County Senior Center

National Senior Center Celebration

Date: Tuesday, September 20

Location: 1101 Castalia Street, Fremont, OH

Time: 12:00-1:00pm



Elmore Senior Center

Autumn Bingo

Date: Thursday, September 22

Location: 19225 Witty Road, Elmore, OH

Time: 12:00-1:00pm

Nature's First Aid Kit

Date: Friday, September 23

Location: 320 E. Third Street, Port Clinton, OH

Time: 12:00-1:00pm



Memories from the Heart/Journaling

Date: Tuesday, September 27

Location: 100 Meadow Lane, Gibsonburg, OH

Time: 10:30-11:30am

Covenant Harbor

Fall Bingo

Date: Wednesday, September 28

Location: 234 Finke Road, Oak Harbor, OH

Time: 12:00-1:00pm

Nature's First Aid Kit

Date: Friday, September 30

Location: 620 E. Water Street, Sandusky, OH

Time: 12:00-1:00pm





Sharing the journey since 1981

Sandusky Office
1200 Sycamore Line
Sandusky, Ohio 44870

ph. 419-625-5269
fax 419-625-5761

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BEREAVEMENT SUPPORT GROUPS:

All groups are free and available to anyone in the community regardless of previous or current involvement with Stein Hospice. Many groups are held in multiple locations throughout the year and as needed. Stein Hospice Bereavement Department also holds Annual Memorial Services in the spring to honor those who died in the previous year and Annual Hope for the Holidays programs in the fall to aide in coping with the holidays when grieving. To register for any groups, events or for further information, please contact the Bereavement Care Liaison at 419-625-5269 or 1-800-625-5269.

ADULT SUPPORT GROUPS:

Serenity Seekers is for the loss of any adult loved one. Meets once a week for 6 weeks throughout the year.

Healing Hearts is an ongoing monthly group for graduates of Serenity Seekers group.

A New Dawn is for adult survivors of separation/divorce. Meets once a week for 6 weeks.

With the Guys is for men who have lost a loved one. Meets once a week for 6 weeks.

Rain's End is for adults who have lost a loved one through suicide. Meets once a week for 6 weeks.

Clear Skies is an ongoing monthly group for graduates of Rain's End group.

M.I.S.S. You is for men and women who are grieving a pregnancy loss and infant death. Meets once a week for 6 weeks.

Tiffin Grief Support Group is for anyone that has suffered the loss of an adult loved one and meets monthly.

ADULT BEREAVEMENT SOCIAL GROUPS:

Bunch for Lunch meets at 12pm the 1st Monday of every month at Stein Hospice Sandusky office. This is a potluck, please bring a side dish or dessert, Stein provides the main course.

Huggers and Munchers meets at 5pm the 2nd Tuesday of every month at various restaurants.

Sandusky Yacht Club meets at 12pm the 3rd Weds of every month.

Norwalk Healing Hearts Lunch Bunch meets at 12pm the 1st Weds of every month at a restaurant in Norwalk.

Port Clinton Healing Hearts Lunch Bunch meets at 12pm the 2nd Weds of every month at a restaurant in Port Clinton.

Tiffin Lunch with Friends meets at 12pm the 4th Thursday of every month at the Community Hospice Care by Stein office.

CHILDREN AND ADOLESCENT SUPPORT GROUPS:

Recovery Riders is a group for children ages 6-12 who have lost a loved one through death.

RUOK is a group for adolescents ages 13-18 who have lost a loved one through death.

Tough Cookies is a group for children ages 6-12 who have had any type of loss outside of death.

Next Step is a group for adolescents who have had any type of loss outside of death.

Club USA is a group for children and adolescents who have a loved one deployed in the military.

Camp Good Grief is a week-long day summer camp for children and adolescents age 5-13 who have experienced any type of loss.